

1989

Cal Giffin



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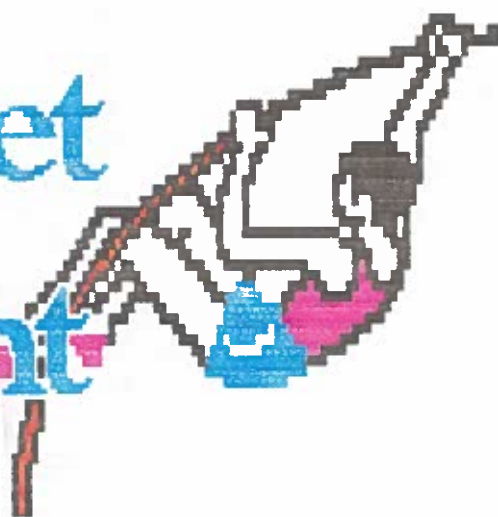


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Track Meet

Supplement



PREFACE

Below you will find listed the O.V.A.C. TRACK FORMAT as it is found in the 1988-89 edition of the Ohio Valley Athletic Conference Directory and Constitution. It is presented here for those who may not have access to a copy of the Directory. Some of the information presented in the manual is an expansion of the information presented below:

1. There will be four (4) Class Championship Meets for boys and three (3) for girls.
2. Each school will compete in its own class.
3. Meets will be held on May 3, 4, 5, & 6, and sites and directors for all meets will be assigned by the O.V.A.C. Additional information will be sent by the O.V.A.C.
4. Sites and directors for all meets have been recommended by the OVAC Track Committee.
5. National Federation Track Rules shall govern all phases of the meets unless specifically covered in the 1986 director's manual.
6. The Champion and Runner-up teams in all classes shall receive an award.
7. The top six (6) finishers in each event shall receive an award.
8. The entry fee will be \$ 30.00 with NO MAXIMUMS on participants. This is to mean a separate fee for each boys and girls team.
9. The OVAC Track Committee shall be responsible for directing and supervising all Class Championship Meets.
10. Photo electric timer will be used for all class meets.

EVENT INFORMATION

RULE CHANGES:

Relay Races - 4x400 meter Relay

Old Rule - 4x400M is run in lanes through two laps, using four turn stagger starting lines (blue). The first exchange uses same exchange zone as used for second exchange in 4x200M. The second exchange uses regular 4x400M exchange zone. After second exchange, the third relay runner may cut to the inside of the track with a clear one and one-half stride lead. The fourth runner will take a position in the exchange zone relative to a teammates position coming out of the last curve onto the straight-away before the exchange.

New Rule - 4x400M is run in lanes through one lap, using two turn stagger starting lines (red). The first exchange uses the regular 4x400M exchange zone. After first exchange, the second relay runner may cut to the inside of the track with a clear one and one-half stride lead. The third and fourth runners will take a position in the exchange zone relative to a teammates position coming out of the last curve onto the straight-away before the exchange.

ORDER OF EVENTS

On the following pages are found the established order of events for both the Boys and Girls O.V.A.C. Track Meets. These Order of Events are preceded by lists of the order in which field events and some running events will be run for the next five years (thru 1993).

The Order of Events has been established keeping in mind the separation of specific types of races as much as possible so that a minimum of athletes will have to run races back-to-back. It is a combination of the order of events as run in the State of Ohio and the State of West Virginia.

3A & 4A TRACK MEET

ORDER OF RUNNING FIELD EVENTS / TRACK EVENTS THRU 1993

FIELD EVENTS

EVENT	SESSION	1989	1990	1991	1992	1993
LONG JUMP &	1ST	3AG	4AG	3AB	4AB	3AG
	2ND	4AG	3AB	4AB	3AG	4AG
	3RD	3AB	4AB	3AG	4AG	3AB
	4TH	4AB	3AG	4AG	3AB	4AB
HIGH JUMP	1ST	4AB	3AB	4AG	3AG	4AB
	2ND	3AB	4AG	3AG	4AB	3AB
	3RD	4AG	3AG	4AB	3AB	4AG
	4TH	3AG	4AB	3AB	4AG	3AG
SHOT PUT	1ST	3AB	4AB	3AG	4AG	3AB
	2ND	4AB	3AG	4AG	3AB	4AB
	3RD	3AG	4AG	3AB	4AB	3AG
	4TH	4AG	3AB	4AB	3AG	4AG
DISCUS	1ST	4AG	3AG	4AB	3AB	4AG
	2ND	3AG	4AB	3AB	4AG	3AG
	3RD	4AB	3AB	4AG	3AG	4AB
	4TH	3AB	4AG	3AG	4AB	3AB
POLE VAULT	1ST	3AB	4AB	3AB	4AB	3AB
	3RD	4AB	3AB	4AB	3AB	4AB

TRACK EVENTS

EVENT	SESSION	1986	1987	1988	1989	1990
4X800 meter Relay	Trials	3AG	3AB	4AG	4AB	3AG
	Semi-finals	3AB	4AG	4AB	3AG	3AB
	" "	4AG	4AB	3AG	3AB	4AG
	Finals	4AB	3AG	3AB	4AG	4AB
3200 meter Run	Trials	4AG	4AB	3AG	3AB	4AG
	Semi-finals	4AB	3AG	3AB	4AG	4AB
	" "	3AG	3AB	4AG	4AB	3AG
	Finals	3AB	4AG	4AB	3AG	3AB

ORDER OF EVENTS - 3A & 4A - FIRST SESSION

(It should be noted that times are used strictly as separations and can be changed as conditions require. Meet Directors should however use common sense and not try to jam trials and semi-finals too close to each other without some reasonable amount of break time in between.)

3:00 - 4:15 - SCRATCHES ACCEPTED

4:15 - Coaches meeting with Meet Director & Referee (if necessary)

4:30 - Trials & Finals (See Field Event Master List)

Long Jump - 3AG
 High Jump - 4AB
 Shot Put - 3AB
 Discus - 4AG
 Pole Vault - 3AB

5:30 - (OR IMMEDIATELY FOLLOWING CONCLUSION OF SAME EVENT ABOVE)

Long Jump - 4AG
 High Jump - 3AB
 Shot Put - 4AB
 Discus - 3AG

5:00 - Trials (if necessary)

100 meter Dash - 3AG, 4AG, 3AB, 4AB

100 meter High Hurdles - 3AG, 4AG

110 meter High Hurdles - 3AB, 4AB

400 meter Dash - 3AG, 4AG, 3AB, 4AB

FINAL - 4X800 meter Relay - 3AG*

300 meter Low Hurdles - 3AG, 4AG

300 meter Intermediate Hurdles - 3AB, 4AB

FINAL - 3200 meter Run - 4AB**

200 meter Dash - 3AG, 4AG, 3AB, 4AB

IF TRIALS ARE NECESSARY
A FIFTEEN MINUTE BREAK SHOULD BE TAKEN AT THIS POINT

* If trials are NOT necessary this will be the first event in the semi-final round of competition.

** If trials are NOT necessary this will be the second event in the semi-final round of competition.

Semi-finals - 100 meter Dash - 3AG, 4AG, 3AB, 4AB

FINAL - 4x800 meter Relay - 3AB

Semi-finals - 100 meter High Hurdles - 3AG, 4AG

Semi-finals - 110 meter High Hurdles - 3AB, 4AB

FINAL - 3200 meter Run - 4AB

Semi-finals - 400 meter Dash - 3AG, 4AG, 3AB, 4AB

FINAL - 3200 meter Run - 3AG

Semi-finals - 300 meter Low Hurdles - 3AG, 4AG

Semi-finals - 300 meter Intermediate Hurdles - 3AB, 4AB

FINAL - 4x800 meter Relay- 4AG

Semi-finals - 200 meter Dash - 3AG, 4AG, 3AB, 4AB

ORDER OF EVENTS - 3A & 4A - SECOND SESSION

11:00 - Trials & Finals

Long Jump - 3AB

High Jump - 4AG

Shot Put - 3AG

Discus - 4AB

Pole Vault- 4AB

12:00 - (OR IMMEDIATELY FOLLOWING CONCLUSION OF EVENT ABOVE)

Long Jump - 4AB

High Jump - 3AG

Shot Put - 4AG

Discus - 3AB

1:00 - FINALS - 4x800 meter Relay	4AB
100 meter Dash	3AG, 4AG, 3AB, 4AB
100 meter High Hurdles	3AG, 4AG
110 meter High Hurdles	3AB, 4AB
4x200 meter Relay	3AG, 4AG, 3AB, 4AB
1600 meter Run	3AG, 4AG, 3AB, 4AB
400 meter Dash	3AG, 4AG, 3AB, 4AB
4x100 meter Dash	3AG, 4AG, 3AB, 4AB
300 meter Low Hurdles	3AG, 4AG
300 meter Intermediate Hurdles	3AB, 4AB
800 meter Run	3AG, 4AG, 3AB, 4AB
200 meter Dash	3AG, 4AG, 3AB, 4AB
3200 meter Run	3AB
Shuttle Hurdle Relay	3AB, 4AB
4x400 meter Relay	3AG, 4AG, 3AB, 4AB

1A & 2A TRACK MEET

ORDER OF RUNNING IN FIELD EVENTS / TRACK EVENTS THRU 1990

FIELD EVENTS

EVENT	SESSION	1989	1990	1991	1992	1993
LONG JUMP	1ST	2AB	1A/2AG	1AB	2AB	1A/2AG
	2ND	1A/2AG	1AB	2AB	1A/2AG	1AB
	3RD	1AB	2AB	1A/2AG	1AB	2AB
HIGH JUMP	1ST	1A/2AG	1AB	2AB	1A/2AG	1AB
	2ND	1AB	2AB	1A/2AG	1AB	2AB
	3RD	2AB	1A/2AG	1AB	2AB	1A/2AG
SHOT PUT	1ST	1AB	2AB	1A/2AG	1AB	2AB
	2ND	2AB	1A/2AG	1AB	2AB	1A/2AG
	3RD	1A/2AG	1AB	2AB	1A/2AG	1AB
DISCUS	1ST	2AB	1A/2AG	1AB	2AB	1A/2AG
	2ND	1A/2AG	1AB	2AB	1A/2AG	1AB
	3RD	1AB	2AB	1A/2AG	1AB	2AB
POLE VAULT	1ST	1AB	2AB	1AB	2AB	1AB
	3RD	2AB	1AB	2AB	1AB	2AB

TRACK EVENTS

EVENT	SESSION	1989	1990	1991	1992	1993
4X800 meter Relay	Trials*	2AB	1AB	1A/2AG	2AB	1AB
	Semi-finals**	2AB	1AB	1A/2AG	2AB	1AB
	" "	1AB	1A/2AG	2AB	1AB	1A/2AG
	Finals	1A/2AG	2AB	1AB	1A/2AG	2AB
3200 meter Run	Trials*	1A/2AG	2AB	1AB	1A/2AG	2AB
	Semi-finals**	1A/2AG	2AB	1AB	1A/2AG	2AB
	" "	2AB	1AB	1A/2AG	2AB	1AB
	Finals	1AB	1A/2AG	2AB	1AB	1A/2AG

* These finals will be run here ONLY if Trials are necessary.

** The Finals run when trials are necessary, will be run here when trials are NOT necessary.

ORDER OF EVENTS - 1A & 2A - FIRST SESSION

(It should be noted that times are used strictly as separations and can be changed as conditions require. Meet Directors should however use common sense and not try to jam trials and semi-finals too close to each other without some reasonable amount of break time in between.)

3:00 - 4:15 - SCRATCHES ACCEPTED

4:15 - Coaches meeting with Meet Director & Referee (if necessary)

4:30 - Trials & Finals (See Field Event Master List)

Long Jump - 1A/2AG

High Jump - 1AB

Shot Put - 2AB

Discus - 1A/2AG

Pole Vault - 1AB

5:30 - (OR IMMEDIATELY FOLLOWING CONCLUSION OF SAME EVENT ABOVE)

Long Jump - 1AB

High Jump - 2AB

Shot Put - 1A/2AG

Discus - 1AB

5:00 - Trials (if necessary)

100 meter Dash - 1A/2AG, 1AB, 2AB

100 meter High Hurdles - 1A/2AG

110 meter High Hurdles - 1AB, 2AB

400 meter Dash - 1A/2AG, 1AB, 2AB

FINAL - 4x800 meter Relay - 2AB*

300 meter Low Hurdles - 1A/2AG

300 meter Intermediate Hurdles - 1AB, 2AB

FINAL - 3200 meter Run - 1A-2AG*

200 meter Dash - 1A/2AG, 1AB, 2AB

IF TRIALS ARE NECESSARY

A FIFTEEN MINUTE BREAK SHOULD BE TAKEN AT THIS POINT

Semi-finals - 100 meter Dash - 1A/2AG, 1AB, 2AB

FINAL - 4x800 meter Relay - 2AB**

Semi-finals - 100 meter High Hurdles - 1A/2AG

Semi-finals - 110 meter High Hurdles - 1AB, 2AB

FINAL - 3200 meter Run - 1A-2AG**

Semi-finals - 400 meter Dash - 1A/2AG, 1AB, 2AB

FINAL - 3200 meter Run - 2AB

Semi-finals - 300 meter Low Hurdles - 1A/2AG

Semi-finals - 300 meter Intermediate Hurdles - 1AB, 2AB

FINAL - 4x800 meter Relay - 1AB

Semi-finals - 200 meter Dash - 1A/2AG, 1AB, 2AB

* Run here ONLY if trials are necessary

** Run here when Trials are NOT necessary.

ORDER OF EVENTS - 1A & 2A - SECOND SESSION

4:30 - Trials & Finals

Long Jump - 1AB

High Jump - 2AB

Shot Put - 1A/2AG

Discus - 1AB

Pole Vault - 2AB

5:00 - FINALS - 4x800 meter Relay	1A-2AG
100 meter Dash	1A/2AG, 1AB, 2AB
100 meter High Hurdles	1A/2AG
110 meter High Hurdles	1AB, 2AB
4x200 meter Relay	1A/2AG, 1AB, 2AB
1600 meter Run	1A/2AG, 1AB, 2AB
400 meter Dash	1A/2AG, 1AB, 2AB
4x100 meter Dash	1A/2AG, 1AB, 2AB
300 meter Low Hurdles	1A/2AG
300 meter Intermediate Hurdles	1AB, 2AB
800 meter Run	1A/2AG, 1AB, 2AB
200 meter Dash	1A/2AG, 1AB, 2AB
3200 meter Run	3A
4x400 meter Relay	1A/2AG, 1AB, 2AB

MEET RECORDS

This section deals with records established in the OVAC Meets. These records are up-to-date, and will continue to be updated as results dictate.

Meet records are valuable tools and indicators of performance within the conference and as such should be maintained with the utmost correctness and a strong sense of responsibility. Years from now today's athletes will look back on these records and recall fond memories of past accomplishments. Therefore it is our responsibility as Meet Directors to ensure that these records are as accurate as they possibly can be.

Each of the present classes in the conference are represented below beginning with the girls divisions and following with the boys.

	EVENT	HOLDER-SCHOOL	RECORD	YEAR
G I R L S M E E T R E C O R D S	100 Meter Dash	Vicki Pullie - Wellsville	12.62 sec.	1985
	200 Meter Dash	Vicki Pullie - Wellsville	26.37 sec.	1985
	400 Meter Dash	Trica Lawrence - Stanton	59.66 SEC.	1986
	800 Meter Run	Kelley Green - Bridgeport	2:23.58	1986
	1600 Meter Run	Lori Kovack - Shadyside	5:30.87	1986
	3200 Meter Run	Tiffany Eagle - St. Johns	12:01.97	1988
	100M High Hurdles	Lynda Salter - Wellsville	15.7 sec.	1985
	300M Low Hurdles	Becky Twaddle - Springfield	47.49 sec.	1986
	4x100M Relay	Cadiz (Tina O'Bradovich, Etta Brooks, Lynn Burgins, Greta Peterson)	52.8 sec.	1988
	4x200M Relay	Stanton (Redmond, Hannan, Kelly Hannan, Tricia Lawrence)	1:51.68	1988
	4x400M Relay	Stanton (Wickham, Kelly Hannan, Perkins, Tricia Lawrence)	4:16.18	1988
	4x800M Relay	Bridgeport (Harriett Scheid, Carmella Salem, Jill Yogler, Kelly Green)	19:11.43	1986
Shot Put	Stephanie Seckman - Tyler County	35' 1/2"	1984	
Discus	Lisa Puckett - Springfield	107' 2"	1983	
Long Jump	Vicki Pullie - Wellsville	16' 9 3/4"	1985	
High Jump	Chris Street - Stanton	5' 1/4"	1985	

	EVENT	HOLDER-SCHOOL	RECORD	YEAR
3 A O Y A C G I R L S M E E T R E C O R D S	100 Meter Dash	Jennifer Hyland - River	12.6 sec.	1984
	200 Meter Dash	Vickie Pullie - Wellsville	25.65 sec.	1986
	400 Meter Dash	Jennifer Hyland - River	58.19 sec.	1986
	800 Meter Run	Sherry LeMasters - Magnolia	2:27.31	1985
	1600 Meter Run	Paige Manning - Toronto	5:25.0	1980
	3200 Meter Run	Sherry LeMasters - Magnolia	11:40.09	1985
	100M High Hurdles	Lisa LeMasters - Bellaire	16.56 sec.	1986
	300M Low Hurdles	Linda Salter - Wellsville	47.03 sec.	1986
	4x100M Relay	Wellsville (Gena Pullie, Patrice Pullie, Jeri Franklin, Lisa Collins)	52.3 sec.	1980
	4x200M Relay	Wellsville (Linda Salter, Janell Sissy Wilson, Vicki Pullie)	1:48.85	1986
	4x400M Relay	Toronto (Jill Irvin, Heather McVey, Stephanie Bayes, Jennifer Hyland)	4:08.51	1986
	4x800M Relay	Magnolia (Beth Light, Michelle DeBolt, Diane Matt, Sherry LeMasters)	10:09.90	1985
	Shot Put	Donna Donley - Martins Ferry	37' 4 1/2"	1979
	Discus	Jody Janetski - Martins Ferry Kelly Shingary - Meadowbrook	118' 11" 118' 11"	1985 1987
	Long Jump	Kelly Geddis - Jefferson Union	16' 10 1/4"	1978
	High Jump	CoCo Schrader - Meadowbrook	5' 3"	1986

4 A O Y A C G I R L S M E E T R E C O R D S	100 Meter Dash	Sharon Vincent - St. Clairsville Tracy Jenkins - Wheeling Park	12.6 sec. 12.6 sec.	1980 1982
	200 Meter Dash	Sharon Vincent - St. Clairsville	25.97 sec.	1981
	400 Meter Dash	Kim Auger - East Liverpool	57.5 sec.	1981
	800 Meter Run	Becky Fahey - John Marshall	2:18.57	1988
	1600 Meter Run	Lori Larrick - Meadowbrook	5:25.04	1988
	3200 Meter Run	Lori Larrick - Meadowbrook	11:49.7	1988
	100M High Hurdles	Lisa LeMasters - Bellaire	15.69 sec.	1987
	300M Low Hurdles	Becky Fahey - John Marshall	46.87 sec.	1987
	4X100M Relay	Steubenville (Kerri Sims, Tera Thorn, Deborah Hubbard, Melissa Cole)	50.63 sec.	1985
	4x200M Relay	Steubenville (Tera Thorn, Donielle Monroe, Marnacino, Felicia West)	1:47.48	1988
	4x400M Relay	Steubenville (Glenda Young, Tera Thorn, Suzanne Govey, Felica West)	4:00.46	1986
	4x800M Relay	Meadowbrook (Melody Harding, Jennifer Neuhart, Kristi Singleton, Lori Larrick)	10:04.74	1988
	Shot Put	Amy Gamble - John Marshall	39' 6"	1983
	Discus	Amy Gamble - John Marshall	130' 1 1/4"	1982
	Long Jump	Erica West - Weirton	17' 6"	1986
	High Jump	CoCo Schrader - Meadowbrook	5' 6"	1988

	EVENT	HOLDER-SCHOOL	RECORD	YEAR	
1 A O Y A C B O Y S M E E T R E C O R D S	100 Meter Dash	Brian Swisher - Sistersville	11.0 sec.	1982	
	200 Meter Dash	Brian Swisher - Sistersville	22.5 sec.	1982	
	400 Meter Dash	Tom Still - Sistersville	50.73 sec.	1988	
	800 Meter Run	Don Tharp - Stanton	1:58.3	1984	
	1600 Meter Run	Alex Fiedorczyk - Weirton Madonna	4:27.1	1982	
	3200 Meter Run	George Antalis - Shadyside	9:58.5	1983	
	110M High Hurdles	Joe Runkle - Bell. St. Johns	14.71 sec.	1987	
	300M Int. Hurdles	Joe Runkle - Bell. St. Johns	39.91 sec.	1987	
	4x100M Relay	Stanton (Herb Dorsey, Aaron Carpenter, Robert Long, Doug Perkins)	44.69 sec.	1986	
	4x200M Relay	Sistersville (Brian Swisher, Tom Archer, Rick Long, Joe Heintzman)	1:33.8	1980	
	4x400M Relay	Mingo (Dale Flaybaugh, John Wright, Steve Burchfield, Chad Pearce)	3:32.91	1986	
	4x800M Relay	Bellaire St. Johns (Boehm, Jerry Ryan, Mike Rose, Paul Matuska)	8:23.4	1982	
	Shuttle Hurdle Relay	Bellaire St. Johns (Todd Kiss, Matt Skocik, Charles Flowers, Joe Runkle)	59.38 sec.	1987	
	Shot Put	Bob Darby - Beallsville	48' 3"	1971	
	Discus	Steve Doe - Warwood	155' 6"	1976	
	Long Jump	Dan Hoffman - Warwood	21' 3 3/4"	1976	
	High Jump	Brian Boston - Shadyside	6' 4 1/4"	1984	
	Pole Vault	Randy Beihl - Warwood	12' 4 1/4"	1975	
2 A O Y A C B O Y S M E E T R E C O R D S	100 Meter Dash	Jay Peterson - Cadiz	11.1 sec.	1980	
	200 Meter Dash	Herb Dorsey - Stanton	22.16 sec.	1988	
	400 Meter Dash	Vince Novak - Linsly	51.0 sec.	1981	
	800 Meter Run	Mike Long - Toronto	2:01.86	1986	
	1600 Meter Run	Steve Kasper - Buckeye Trail	4:09.4	1982	
	3200 Meter Run	Steve Kasper - Buckeye Trail	9:50.8	1982	
	110M High Hurdles	Shayne Stone - Springfield	14.8 sec.	1982	
		Charles Spadafore - Linsly	14.8 sec.	1981	
		300M Int. Hurdles	Robert Long - Stanton	38.39 sec.	1987
		4x100M Relay	Toronto (Phil Thompson, Randy McIntyre, Jeff Deiderich, Troy Taylor)	44.62 sec.	1986
		4x200M Relay	Cadiz (Buddy Brooks, Fred Cowans, Chris Wheeler, Eric Peterson)	1:32.84	1986
		4x400M Relay	Linsly (Scott Billie, Vince Novak, Frank Westphal, Mike Yukelich)	3:33.0	1981
		4x800M Relay	Shadyside (Bell, Antalis, Heslop, Dimmick)	8:20.0	1982
		Shuttle Hurdle Relay	Linsly (Tom Griffith, Ed Tyree, Dan Tennant, Charles Spadafore)	58.6 sec.	1981
		Shot Put	Eric Brubaker - River	52' 3"	1973
		Discus	Rick Ruble - Shadyside	158' 8 3/4"	1973
	Long Jump	Ron Pullie - Wellsville	23' 4"	1988	
	High Jump	Ron Pullie - Wellsville	6' 6"	1988	
	Pole Vault	Jake DeFillippo - Buckeye South	12' 10"	1980	

	EVENT	HOLDER-SCHOOL	RECORD	YEAR
3 A	100 Meter Dash	Craig Franklin - Wellsville	11.2 sec.	1979
	200 Meter Dash	Tom Strussion - Bellaire	22.9 sec.	1987
O V A C	400 Meter Dash	Tom Strussion - Bellaire	50.45 sec.	1987
	800 Meter Run	Pete Harding - Meadowbrook	1:59.3	1982
B O Y S	1600 Meter Run	Scott Owens - Toronto	4:30.4	1982
	3200 Meter Run	Chad Bommer - Bellaire	9:46.62	1987
	110M High Hurdles	Tim McCrate - Barnsville	14.71 sec.	1988
M E E T	300M Int. Hurdles	Tim McCrate - Barnsville	39.51 sec.	1988
	4x100M Relay	St. Clairsville (Jay Sayre, John Spencer, Aaron Josefczyk, Shawn Vincent)	44.22 sec.	1987
R E C O R D S	4x200 M Relay	Martins Ferry (Brian Cameron, Rob Biehl, Dan Covington, Pete Sinclair)	1:31.51	1988
	4x400M Relay	Linsly (Wes Pullen, Todd Gillenwater, Stu James, Dwight Pullen)	3:24.21	1988
	4x800M Relay	Meadowbrook (Secrest, Bonar, Hayes, Larrick)	8:15.94	1987
	Shuttle Hurdle Relay	Bellaire (Darren Kinder, Tim Stillion, Mark Mylnek, Jim Sabinski)	58.12 sec.	1987
	Shot Put	John Leon - Brooke	57' 1"	1976
	Discus	Craig Miller - Bridgeport	170' 8"	1979
	Long Jump	Jim Capito - Bellaire	22' 3 3/4"	1958
	High Jump	Greg Pullie - Wellsville	6' 7 1/4"	1986
	Pole Vault	Jim Mavromaitis - Steubenville	13' 3 3/4"	1969
4 A	100 Meter Dash	Tim Spencer - St. Clairsville	11.0 sec.	1979
	200 Meter Dash	John Murray - Steubenville	22.0 sec.	1985
O V A C	400 Meter Dash	Dan Amend - Wheeling Park	49.7 sec.	1981
	800 Meter Run	Tor Hill - Steubenville	1:55.86	1984
B O Y S	1600 Meter Run	Charlie Ward - Bellaire	4:19.5	1985
	3200 Meter Run	Charlie Ward - Bellaire	9:24.92	1986
	110M High Hurdles	Anthony Reed - Wheeling Park	14.64 sec.	1988
M E E T	300M Int. Hurdles	Pat Mirandy - Wheeling Park	39.86 sec.	1988
	4x100M Relay	Steubenville (Bradley Young, Vance Yetts, Vance Johnson, Frank King)	44.04 sec.	1981
R E C O R D S	4x200M Relay	Wheeling Park (John Smelley, Chuck Bird, Dwain Brown, Stacy Banks)	1:31.4	1982
	4x400M Relay	St. Clairsville (Bill Appolloni, Pat Zusack, Tom Carter, Tim Carter)	3:21.5	1985
	4x800M Relay	Brooke (Kurt Rowing, Ron Michaux, Jim Saccamano, Bill Barnhart) Bellaire (Doug Gray, Dan Maupin, Wayne Kanzigg, Charlie Ward)	8:13.5	1980 1985
	Shuttle Hurdle Relay	Wheeling Park (Tim Black, Phil Bledsoe, Jeff Winiesdorffer, Dan Jones)	57.6 sec.	1980
	Shot Put	Rudy Cebula - Weir	58' 10 1/2"	1978
	Discus	Gordon Gordon - John Marshall	164' 11"	1977
	Long Jump	Doug Donley - Cambridge	21' 10 3/4"	1977
	High Jump	Anthony Reed - Wheeling Park	6' 9 3/4"	1988
	Pole Vault	Sino Yercellotti - Wheeling Park	13' 6"	1980