# OVAC cross country championship

## Meet set Saturday at Meadowbrook

By JEREMY MIDEI Times Leader Sports Writer

There are big meets...and then there are BIG meets. Saturday's Ohio Valley Athletic Conference Cross Country Championship at Meadowbrook is one of the lat-

As many as 44 schools could take part in the purest OVAC championship; runners from all divisions are pitted against one other in one massive race.

A-AA BOYS

Teams competing: Mount de Chantal (girls only), Weirton Madonna, Cameron, Bridgeport, Linsly, Shadyside, St. John Central, Wellsville, Caldwell, River, Steubenville Central, Monroe Central, Wheeling Central, Shenandoah and Barnesville.

The boys' A-AA race may be the closest and could determine the OVAC's overall champ.

Caldwell and St. John's have locked horns on three occasions: the Redskins were victorious last Saturday in Lancaster, upending the Irish by 11 points, but St. Johns holds the 2-1 advantage.

Caldwell, coached by Dugan Hill, is the returning champion; the Irish of Dennis Delbert were last year's runner-up. The Redskins enter the meet ranked ninth in the Ohio state cross country coaches poll, while fittingly, the Irish are tenth.

We've gone back and forth during the year," said Delbert. "It will be close. It's a cliche, but it will really come down to who has the better day.

If both teams are healthy and run to their potential, only a few points will separate them." CALDWELL

Caldwell junior Derek Carter was ninth last year and could be

the overall champ this season. Senior Jarrod Saling is number two for the Redskins, while sophomore Justin Seebach and senior Tyler Smith have run well of late and usually finish togeth-

Shane McLaughlin is Caldwell's fifth man and has been battling sickness. He did not finish his last race in Byesville, the Meadowbrook Invitational.

### ST. JOHN CENTRAL

The Irish are led by the combination of junior Jared Wilson and freshman Zach Yereb who have each taken turns as SJC's number one runner. Wilson was 27th last season.

Junior Nick Habursky has been a rock-solid number three, while sophomores Brett Holubeck, Zach Foster and David Bowman will fight for the four through six slots. And junior Kevin Rico has finished in the top seven in every meet.

Delbert said the Irish had their first sub-par race of the season in Lancaster, but sees several positive signs for this week's

"Everyone being healthy would be the main one," he said. "But we've run this course earlier in the year and we've seen most of the schools, so familiarity of course and competition will

on the regional course but we definitely didn't have our best



JENNY MORGAN

race. The kids are hungry to come back.

The OVAC meet can do funny things to a team however, and the Irish are not immune.

People pinpoint the OVAC meet and the post-season; the size and importance of this race can put a lot of undue pressure on kids, and they respond to it differently.

The winner of the small school race could emerge as the overall champ, but two schools to say about it.

**AAA BOYS** 

Ferry, Tyler Consolidated, Bellaire, Union Local, Magnolia, Oak Glen, St. Clairsville, Harrison Central, Indian Creek and Meadowbrook.

Bellaire and St. Clairsville improve. will once again battle it out for 3A supremacy. St. Clairsville has sandwiched titles around Bellaire's 2001 crown.

BELLAIRE

In a scenario similar to that of Caldwell and St. Johns, St. Clairsville beat the Big Reds at Lancaster, but Bellaire holds the season record.

Regardless, Bellaire coach Chris Arno has anointed the Red Devils as the prohibitive

"They're probably the one," he said. "They've run well the last couple of weeks. We've been too inconsistent. Our seniors will have to step up if we're to compete for the title.

But he added that's exactly what has been happening lately.

"We're trying to get mentally refocused for the last week of the season," said Arno. "We've had a good week of practice and some guys have really stepped up. I'm hoping we have our heads on straight for Saturday, and I think we will.

The Big Reds have three sen- py conditions. iors who lead the way: Brice Antonik, Phillip Green and Eric Wise. Green and Wise were 25th and 26th at last year's race.

The four through seven slots on them. could shake out any way.

Brice and Eric have both had to take time off, but we're back to full strength for the first time in two weeks.

The race for overall champ should be very competitive. Caldwell and St. Johns are the favorites, but four teams could factor in. If anyone slips up, it

could open up for anyone."
ST. CLAIRSVILLE

Coach Tony Ciroli has reentered the title picture faster than even he anticipated.

The Red Devils lost four 'We saw Caldwell last week members of last year's team, but could win the 3A title anyway.



AIMEE VAVREK

"Chris has had a couple of setbacks the past couple weeks, but they are always there in the end," he said. "He always puts together a really good team.

Ciroli believes one of the Bellaire schools will emerge as the overall champ...but thinks his team could be close as well.

"I think St. Johns will win the overall," said Ciroli. "But Bellaire will be right there.

"I think we have the potential to run with those teams, but I'm from 3A might have something a little superstitious, so I won't say yes or no.'

Ciroli did say the backbone Teams competing: Martins of his team was senior Alley Loy, who placed 16th last year.

"Allen really pushes him-self," he said. "I respect him because he loves the sport and worked since junior high to

The Red Devil top five is filled out by juniors Matt Ebbert and Jeff Hudock and sophomores Joey DePalma and Casey Creamer.

"We just had our best race of the season so we're kind of keyed up," said Ciroli. "It's rare to have a team the caliber of the one we had last year, but this year's team has bounced back quicker than expected.

"Anything's possible, especially if we get the kind of weather that's anticipated."

The weekend forecast calls for rain -- lots of it.

That's okay with me: the majority of our athletes do their best running in the rain.'
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**BUCKEYE LOCAL** Buckeye Local coach Eric

Laughlin is also hoping for slop-

Wheeling Park.

The muddier it is, the better we run," said Laughlin. "I don't know what it is. That's the way I've been so maybe I rubbed off

things. You just go out and have fun."

The Panthers will have a good time Saturday if they're able to return to the podium for the first time since 1998. East Liverpool has won the last two 4A trophies, but is muddling through a down year.

Though the Potters, Wheeling Park and Zanesville are the teams on Laughlin's radar.

"Right now I feel pretty good about our chances," said Laughlin. "We've gone headto-head with Park and Zanesville and beaten them both.

"I would love nothing better than to see St. Johns win A-AA. Bellaire win 3A and us win 4A. It would show the OVCCL is the dominant league in the area.'

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Kyle Kull and Mikey Becher are the Panthers' second and third runners. Shane Nickerson. returning from an injury, has secured the number four spot and is a big boost to Buckeye's title

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**BARNESVILLE** 

Coach Mark Brown is well aware of the Lady Knights though they haven't matched up with Barnesville this year.

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The Lady Shamrocks biggest strength is the front-running of sophomore Jenny Morgan, junior Kris Schuerhle and senior Molly

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"Our top three are running so well," said Brown. "Jenny was fourth at the Great American Cross Country Festival and Kris and Molly were first and at Lancaster (open race).

Injuries have decimated the Shamrocks, claiming fourth run-"It takes your mind off ner Liza Anderson and fifth girl



Jenny Jefferis. Barnesville will toe the line Saturday with only five girls.

Kate Schuerhle and Ashli Anderson will have a lot to say about where Barnesville finishes. 'I think we can have three in

the top ten, so a lot will depend on Kate and Ashli," said Brown. "I've been pleased with how they ran recently, especially at Malone. "They've been in the low 23s and are getting better."

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times in eons the Lady Shamrocks did not win an OVAC title. They'd like to rectify that this season.

"We've won so many years out the top five, while D.J. and there are all these banners hanging in our gym, but we want another.'

WHEELING CENTRAL

Standing in the way will be effort to Wheeling Central — ranked third in West Virginia -- which presents a contrast to the top-heavy Shamrocks.

Central's pack-running has dominated most races and coach Wayne Rutter thinks it will be an advantage in this race as well.

"We ve been strong all year," he said. "Our team scores have been exceptionally low in the bigger races. Our spread from one to five is very small and should be advantageous.'

The Lady Knights are led by junior Kallen Weaver, who has two victories to her resume this

Ashley Wolfe is number two for Rutter, while freshmen Lauren Bauer and Stephanie Caruso have provided a shot in the arm at three and four. Bethany Sloane is Central's

number five runner. She was Central's first finisher at 19th last year, while Weaver, who ran

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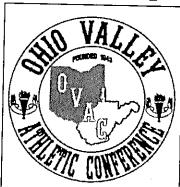
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> Bethany Sloane is Central's Central's first finisher at 19th favorite in a weak field.

for Linsly last season, was 22nd. "This is my 13th year and we used to sit in back or leave before the awards ceremony," Rutter said. "Now we sit up front and look forward to it.'

AAA GIRLS

BELLAIRE Arno's Bellaire girls are the meet's only clearcut favorite, despite the loss of number two runner Audra Frizzi, who's out indefinitely.

"We've been really consistent on the girls' front," said Arno. 'Girls keep stepping up.'

They did last year as well: Bellaire was the overall and 3A champ last season.

"We should be able to defend our title successfully.'

Senior Aimee Vavrek who, as member of the Belllaire Homecoming court, will run instead of attending Saturday's parade, leads the Lady Reds. She was third last season.

Sophomore Katie Antonik, senior Chelsey Taylor and freshman Jessi Boston have comprised the top four along with Vavrek the last several weeks.

'We ran without Audra last Saturday and our kids stepped up at a big meet and ran well.

Bellaire captured the Lancaster Invitational title last weekend.

"We'll need a good solid effort to do well in our conference and overall. Barnesville and Wheeling Central could put some heat on us.'

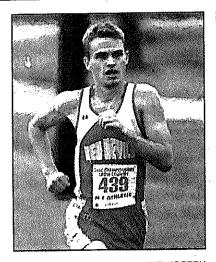
Injuries have been the main issue for Arno's team. Aside from Frizzi, junior Jade Tuttle has also battled through nagging ailments.

"Jade's frustrated, but she had a pretty good race on a difficult Lancaster course and I think mentally she's back into it," said

Injuries may slow the Big Reds down, but the anticipated weather will not.

'It suits our girls because they're strong runners," Arno said. "They get better as the race develops. They're mentally tough enough to adapt to conditions and they know what they have to do."

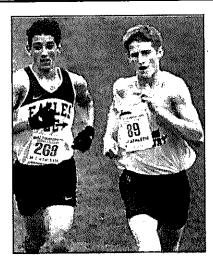
In 4A, the Wheeling Park number five runner. She was Lady Patriots are the slight



T-L Photo/JOEL JOSEPH ST. CLAIRSVILLE'S Allen Loy wins the Class AAA title.



T-L Photo/JOEL JOSEPH CALDWELL'S Derek Carter wins the boys' overall crown.



T-L Photo/JOEL JOSEPH **BUCKEYE'S** Evan Matthews (right) wins the 4-A crown.



T-L Photo/JOEL JOSEPH BARNESVILLE'S Morgan cruised to overall title.

# Bellaire, SJC capture overall titles



A PACK of the area's elite runners compete in Saturday afternoon's OVAC Cross Country Championship at Meadowbrook High School. From left, are St. John Central's Brianne Cattran, Bellaire's Aimee Vavrek, Barnesville's Kris Schuerle, Martins Ferry's Amy Bruney and Barnesville's Molly Morgan.

• Barnesville, SJC, Bellaire, St. C. claim **OVAC CC crowns** 

By SETH STASKEY Times Leader Sports Writer

Byesville was alive and running

Saturday morning.

Some 35 schools got together to embark on a 3.1 run to settle the OVAC cross country championships at Meadowbrook High School

A few familiar faces took home both the coveted team individual trophies.

Bellaire's girls captured their first overall championship and second straight 3-A title to an impressive 53 points. Barnesville finished sec-

ond overall and as victors in the 1-A/2-A class for the 10th time in school histo-

St. John Central's boys claimed the overall championship with 81 points and won the 1-A/2-A title in the

St. Clairsville won their second straight 3-A title and finished third overall with 104 points. Buckeye Local won the 4-A title and finished fifth overall with 117 points.

Buckeye Local's boys claimed the 4-A crown, closing with 117 markers. Wheeling Park's girls took home the 4-

THE LADY BIG REDS, needless to say, have been the dominant team this

See, OVAC, Page C5

### VAC CC Results

**BOYS** 

OVERALL TEAM SCORES: 1. St. John Central, 81; 2. Caldwell, 96; 3. St. Clairsville, 104; 4. Bellaire, 112; 5. Buckeye Local, 117; 6. Zanesville, 234; 7. Wheeling Central, 247; 8. Junion Local, 263; 9. Meadowbrook, 267; 10. Shadyside, 295; 11. John Marshall, 297; 12. Cambridge, 302; 13. Harrison Central, 308; 14. Wheeling Park, 322; 15. Martins Ferry, 350; 16. Indian Creek, 425; 17. Shenandoah, 476; 18. East Liverpool, 502; 19. River, 511; 20. Edison, 517; 21. Brooke, 564; 22. Linsly, 605.

OVERALL TOP 25: 1. Derek Carter (CAL), 16:55; 2. Tyler Morando (WCC), 17:22; 3. Allen Lov (STC), 17:28; 4. Justin McEldowney (MAG).

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A-AA TEAM SCORES: 1. St. John Central, 75; 2. Caldwell, 90; 3. Wheeling Central, 247; 4. Shadyside, 295; 5. Shenandoah, 476; 6. River, 511; 7. Linsly, 605.

A-AA TOP TEN: 1. Carter (CAL); 2. Morando (WCC); 3. Wilson (SJC); 4. A-AA TOP TEN: 1. Carter (CAL); 2. Molando (WCC), 3. Wilson (SCC); 4. Saling (CAL); 5. Yereb (SJC); 6. Gilloon (SCC); 7. Melanko (SHA); 8. Habursky (SJC); 9. Bowman (SJC); 10. Foster (SJC).

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250; 7. Indian Creek, 425.

AAA TOP TEN: 1. Loy (STC); 2. McEldowney (MAG); 3. Benyon (MEAD); 4. DePalma (STC); 5. Tenley (HC); 6. Antonik (BEL); 7. Wise (BEL); 8. Fowkes (UL); 9. Phillip Green (BEL), 18:21; 10. Eric White (UL), 18:23.

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AAAA TOP TEN: 1. Mathews (BL); 2. Kull (BL); 3. Miller (ZAN); 4. Gotschall (CAM); 5. Becher (BL); 6. Carney (ZAN); 7. Byard (JM); 8. Jonathan Tomalonis (BL), 18:49; 9. Dustin Daugherty (CAM), 18:52; 10. Kevin Narrish (WP), 18:59.

GIRLS OVERALL TEAM SCORES: 1. Bellaire, 53; 2. Barnesville, 60; 3. Wheeling Central, 82; 4. Martins Ferry, 123; 5. Caldwell, 181; 6. Tyler Consolidated, 188; 7. Wheeling Park, 191; 8. Shadyside, 210; 9. Zanesville, 213; 10. Meadowbrook, 250; 11. Harrison Central, 258; 12. St. Clairsville, 274; 13.John

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### **OVAC**

Continued from Page C1

season, and that trend continued Saturday.

Coach Chris Arno's Lady Big Reds won their second OVAC title in a row and second in school history after placing their top five runners within the top 20 overall, earning them all-OVAC accolades.

"We are really blessed right now because we have a lot of talent and a lot of depth," Arno said. "We had a lot of kids step up and we are getting healthy.

"I think we are a lot better this year, and we are young, so we think we can continue this for a few years," Arno offered.

Bellaire was paced by senior standout Almee Vavrek who earned all-OVAC for the fourth straight year. Vavrek turned in a strong seventh place effort in 21:02 to lead the way.

"We are a very close bunch, probably the closest we have had here in a while," Arno continued. "It seems that every time someone doesn't run all that well, one of the other kids just picks it up."

Sophomore Katie Antonik was ninth overall in 21:32, while frosh Jessi Boston was 11th overall in 21:38.

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The Lady Purple Riders were led by senior standout Amy Bruney who was fifth overall and the 3-A champion thanks to a 20:41.

Samantha McIntosh finished eighth overall in 21:02.

BARNESVILLE came into the meet banged up with their fourth and fifth runners unable to compete due to injuries.

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Morgan's time definitely impressed Brown. "We never dreamed she would run under 18 (minutes) this soon. That was one of our goals at the state meet, so I am just hoping she doesn't peak too quickly.

Junior Kris Schuerle finished second for the second straight season, breaking the tape at 19:53. Senior Molly Morgan -who missed most of 2002 with a leg injury -- turned in a 20:15 to take the bronze medal.

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Shadyside placed one girl into Harrison Central freshman the meet's top 10. Freshman dandy Marissa Melanko led Coach Joel Joseph's squad with a 10th place effort in 21:35.

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#### **3IRLS**

ellaire, 53; 2. Barnesville, 60; 3. Wheeling ; 5. Caldwell, 181; 6. Tyler Consolidated, Shadyside, 210; 9. Zanesville, 213; 10. entral, 258; 12. St. Clairsville, 274; 13.John

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### OVAC -

#### Continued from Page C1

season, and that trend continued Saturday.

Coach Chris Arno's Lady Big Reds won their second OVAC title in a row and second in school history after placing their top five runners within the top 20 overall, earning them all-OVAC accolades.

"We are really blessed right now because we have a lot of talent and a lot of depth," Arno said. "We had a lot of kids step up and we are getting healthy.

"I think we are a lot better this year, and we are young, so we think we can continue this for a few years," Arno offered.

Bellaire was paced by senior standout Almee Vavrek who earned all-OVAC for the fourth straight year. Vavrek turned in a strong seventh place effort in 21:02 to lead the way.

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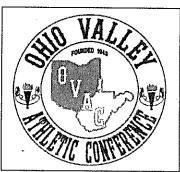
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'We don't have a guy on this team who is winning the individual title each week, but we have seven solid guys, and that's the key," Delbert said. "This is a team sport and being solid all the way through is the key.

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'Our kids have been incredible all season," an elated Ciroli said. "I thought we could compete for this title, but I didn't think we could really be a threat to anyone.

"I didn't think we would bounce back (from graduation losses) this quick. A couple of years ago, we won, but we took a few years off, and then came back last year," Ciroli said.

The Devils' cupboard was far from bare, seeing that senior Allen Loy returned for his final campaign.

"Allen has been a great leader for this team," Ciroli said, "You couldn't ask for a better kid. He has been a workhorse throughout the season."

Loy failed to disappoint, finishing third overall and first in 3-A with a 17:28.

Junior Joey DePalma earned all conference, finishing 11th overall in 17:58.

Matt Ebbert, Jeff Hudock and Casey Creamer finished 31st, 35th and 36th, respectively to round out the scoring Devils.

"I have a great group of kids and a great leader," Ciroli offered. "All these kids want to do is come out and compete, and hopefully do well."

Bellaire -- which won the OVAC title in 2001 -- settled for the runner-up hardware for the second straight season.

The Big Reds were led by senior Brice Antonik who was 13th overall in a time of 18:04. Classmate Eric Wise was 15th overall in 18:08.

Union Local produced an all-OVAC performer in junior Dusty Fowkes who finished 16th overall in 18:09.

Harrison Central's Tyler Tenley took home the 12th place award with a time of 18:03.

**BUCKEYE LOCAL** entered the 4-A meet as one of the favorites and the Panthers were able to get it done.

"I am really proud of our kids," said Panther coach Eric Laughlin. "They all did a great job and ran very well."

The Panthers were paced by junior Evan Mathews who was the first 4-A runner across the into the meet's top 20 to earn all line. He closed in fifth place with

Senior Kyle Kull was ninth Steubenville Central's Matt overall in 17:54 and Mike 18:12 to finish 20th overall and third on the Panthers.

Jonathan Tomalonis and Shane Nickerson rounded out the top five for the Panthers.

"I was getting a little nervous through the first half mile or so," Laughlin explained. "Once, I saw where we were at the mile, I thought we had a very good chance.'

The championship meets continue for the next month in prep cross country. This week's meet takes most local teams to Buckeye Local High School for the Ohio Valley Cross Country League Championship before the OHSAA competition begins.

OVAC CROSS COUNTRY -

# Bellaire, Irish Claim Crowns

Barnesville's Morgan repeats as girls' champion

Barnesville's girls turned in a 1-2-3 performance Saturday at the OVAC Cross Country Championships, but it was Bellaire that took home the overall gold.

Paced by better scoring among the team's fourth and fifth runners, Chris Arno's Big Reds captured their first overall conference title at the 3.1-mile Meadowbrook High School course in Byesville.

Bellaire also captured its second-straight Class AAA championship. The Shamrocks brought home the Class AA/A crown after dropping down a class this year. Wheeling Park captured the Class AAAA title.

Bellaire St. John claimed the Class AA/A and overall title on the boys' side. It was the third boys crown in school history and first since 1995 for coach Dennis Delbert's bunch.

St. Clairsville repeated as Class AAA champions, while Buckeye Local finished fifth overall, but won the Class AAAA championship.

Barnesville sophomore Jenny Morgan raced to her second-consecutive overall girls crown with a time of 17:48.2, a little more than two minutes ahead of second-place runner, and Shamrock eammate, Kris Schuerle finished with a time of 19:53.3. Molly Morgan, Jenny's older sister, finished third overall with a time of 20:15.92.

the services of their regular fourth and fifth runners.

Caldwell's Derek Carter raced to the overall title on the boys side with a time of 16:55.7. Wheeling Central's Tyler Morando was second with a time of 17:22.06, while St. Clairsville's Loy Allen crossed the finish line in third place with a time of 17:28.27.

Aimee Vavrek, continuing her recovery from a late August automobile accident, earned all-OVAC honors for the fourthstraight year and was Bellaire's top runner as she took seventh place overall with a time of 21:02.72. Teammate Katie Antonik was two spots behind, in ninth, where she clocked a th with a time of 21:46.34.



Jenny Morgan

ners in the top 20 and that gave the team the edge it needed to overcome Barnesville. Chelsey Taylor was 16th overall with a time of 22:00.68, while Jade Luttle was 20th with a time of

Others scoring for Barnesville were Asli Anderson (25th, 22:28) and Kate Schuerle (42nd, 23:10.8.

Wheeling Central's girls were third overall and second in Class AA/A, paced by Kallen Weaver, who finished sixth overall with a time of 20:54.64.

Martins Ferry's Amy Bruney The Shamrocks were without was the top Class AAA individual runner on the girls' side. She finished fifth overall with a time of 20:41.52.

The Purple Rider girls finished fourth overall as a team.

Class AAAA champion Wheeling Park was paced by Lindsay Duneway, who crossed the finish line 26th overall with a time of 22:29.36.

Bellaire St. John's girls didn't figure into the team scores due to runners out because of injuries, but the Irish's Brianne Cattran impressed with her fourth-place overall finish with a time of 20:20.84.

The Irish boys were paced by Jared Wilson, who took seventhplace with a time of 17:52.3. ninth, where she clocked a Teammate Zac Yereb was 10th 21:32.98. The Big Reds' Jessi overall in 17:56.67. The team cruised to the title thanks to Nick Harbursky, David Bowman, and Bellaire placed two more run-Zac Foster, who finished in (Barnes) 19:53.3; M.Morgan (Barnes) 20:15.92; Cattran (BSJ) 20:20.84; Weaver, (WC) 20:54.64.

places 23-25 overall.

In addition to Loy, St. Clairsville was aided by Joey DePalma's 11th place finish in 17:58.45.

Bellaire finished fourth overall, paced by Brice Antonik's ninth-place finish in 18:04.52.

Buckeye Local's Evan Mathews took fifth overall with a time of 17:32.54, while teammate Kyle Kull was ninth in 17:54.28.

Magnolia's Justin McEldowney, who was racing as an4 individual, turned in a fourthplace performance with a time of 17:29.68. 

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Sept Soverall Team Scores

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Top Overall Individuals

1. Derek Carter (Cald) 16:55, 7, 2. Morando (WC) 17:22.06; 3. Loy (St.C.), 17:28.27; 4. McEldowney (Mag) 17:29.68; 5. Mathews (BL) 17:32.54; 6. Beynon-4 (Mead) 17:42.32; 7. Wilson (BSJ) 17:52.3; 18. Salling (Cald) 17:54,06; 9. Kull (BL) 17:54,28; 10. Yereb (BSJ) 17:56.67; 11. DePalma (St.C) 17:58.45; 12. Tenley (HC) 18:03.67; 13. Antonik (Bel) 18:04.52; 14. Gilloon (SCC) 18:06.56; 15. Wise (Bel) 18:08.84.

Top Five Class AAAA Individuals