Well, it had to happen sooner or later. So why not now? As I tell people, I'm in the fourth quarter and the clock is running. I'm going through boxes I've saved (some would say hoarded) and computer files I've kept, and came across these. I hate to throw them away, yet I hate to leave them for someone else to indiscriminately pitch.

I've been collecting this stuff for years. I've used it in my classroom, shared it with my executive board, worked it into speeches. Some of it has inspired me,

motivated me.

amused me,

made me laugh,

made me cringe,

made me think.

While I've put together a couple books with quotes, many of these escaped print. I thought of doing another book, but that's more work than I want, plus I already have boxes of past publications to deal with. So I thought why not do it electronically. That way you can access it on your computer, tablet, phone, watch, or easily trash them.

But before you hit trash, think if there is someone else in your world who might be able to use some of these: a teacher, a preacher, a speaker, a friend (just like me!). Especially someone younger. A lot of these need to be preserved and passed down.

And for many of you who receive this, like me, you have a lot of time on your hands to read, reflect, remember. So enjoy. I've tried to keep most of the files to fifty messages so it doesn't slow down your mind or your computer.

And please don't yell at me for sending these. My feelings get hurt really easy!

# **ABC's OF HAPPINESS**

Aspire to reach your potential. Believe in yourself and others. Create a good life. Dream about what you might become. **E**xercise frequently. Forgive. Glorify the creative spirit. Humor yourself and others. Imagine great things. Joyfully live each day. Kindly help others. Love one another. Meditate. Nuture the environment. Organize for harmonious action. Praise performance well done. Question most things. Regulate your own behavior. Smile often. Think rationally. Understand yourself. Value life Work for the common good. **X**-ray and carefully examine problems. Yearn to improve Zestfully pursue happiness.

# **ABSOLUTELY PRICELESS**

An elementary school teacher had twenty-six students in her class. She presented each child in her classroom the first half of a well-known proverb and asked them to come up with the remainder of the proverb. It's hard to believe these were actually done by first graders. Their insight may surprise you. While reading, keep in mind that these are first-graders, 6-year-olds, because the last one is a classic!

- 1. Don't change horses
- 2. Strike while the
- 3. It's always darkest before
- 4. Never underestimate the power of
- 5.. You can lead a horse to water but
- 6. Don't bite the hand that
- 7. No news is
- 8. A miss is as good as a
- 9. You can't teach an old dog new
- 10. If you lie down with dogs,
- 11. Love all, trust
- 12. The pen is mightier than the
- 13. An idle mind is
- 14. Where there's smoke there's
- 15. Happy the bride who
- 16. A penny saved is
- 17. Two's company, three's
- 18. Don't put off till tomorrow what
- 19. Laugh and the whole world laughs with you, cry and
- 20. There are none so blind as
- 21. Children should be seen and not
- 22. If at first you don't succeed
- 23. You get out of something only what you
- 24. When the blind lead the blind
- 25. A bird in the hand

And the WINNER and last one!

26. Better late than

until they stop running. bug is close. Daylight Saving Time. termites. how? looks dirty. impossible. Mr. math. you'll stink in the morning. me. pigs. the best way to relax. pollution. gets all the presents. not much. the Musketeers. you put on to go to bed.

you have to blow your nose. Stevie Wonder. spanked or grounded. get new batteries. see in the picture on the box. get out of the way. is going to poop on you.

pregnant.

# **ACHIEVE YOUR DREAM**

Remember, no one can make you feel inferior without your consent.

Destiny is not a matter of chance; it's a matter of choice.

Your children need your presence more than your presents.

Each of us has two ends: a sitting end and a thinking end. Success depends on which we use.

Many spend half the time wishing for things they could have if they didn't spend half the time wishing.

For every person who climbs the ladder of success, there are a dozen waiting for the elevator.

Happiness is a choice, not a response.

God works with you, not for you.

If your dreams turn to dust, vacuum.

Do it now. You become successful the very moment you start.

People may doubt what you say but they will believe what you do.

Success: Don't do what you like; like what you do.

# **ADULT TRUTHS**

- 1. Sometimes I'll look at my watch 3 consecutive times and still not know what time it is.
- 2. Nothing sucks more than that moment during an argument when you realize you're wrong.
- 3. I totally take back all those times I didn't want to nap when I was younger.
- 4. There is great need for a sarcasm font.
- 5. How the hell are you supposed to fold a fitted sheet?
- 6. Was learning cursive really necessary?

7. Map Quest really needs to start their directions on # 5. I'm pretty sure I know how to get out of my neighborhood.

- 8. Obituaries would be a lot more interesting if they told you how the person died.
- 9. I can't remember the last time I wasn't at least kind-of tired.

10. Bad decisions make good stories.

11. You never know when it will strike, but there comes a moment at work when you know that you just aren't going to do anything productive for the rest of the day..

12. Can we all just agree to ignore whatever comes after Blue Ray? I don't want to have to restart my collection...again.

13. I'm always slightly terrified when I exit out of Word and it asks me if I want to save anychanges to my ten-page technical report that I swear I did not make any changes to.

14. I keep some people's phone numbers in my phone just so I know not to answer when they call.

15. I think the freezer deserves a light as well.

16. I disagree with Kay Jewelers. I would bet on any given Friday or Saturday night more kisses begin with Miller Light than Kay.

17. I wish Google Maps had an "Avoid Ghetto" routing option.

18. I have a hard time deciphering the fine line between boredom and hunger.

19. How many times is it appropriate to say "What?" before you just nod and smile because you still didn't hear or understand a word they said?

20. I love the sense of camaraderie when an entire line of cars team up to prevent a jerk from cutting in at the front. Stay strong, brothers and sisters!

21. Shirts get dirty. Underwear gets dirty. Pants? Pants never get dirty, and you can wear them forever.

22. Even under ideal conditions people have trouble locating their car keys in a pocket, finding their cell phone, and Pinning the Tail on the Donkey - but I'd bet everyone can find and push the snooze button from 3 feet away, in about 1.7 seconds, eyes closed, first time, every time.

23. The first testicular guard, the "Cup," was used in Hockey in 1874 and the first helmet was used in 1974. That means it only took 100 years for men to realize that their brain is also important.

## AMBIGUITIES & IDIOSYNCRASIES

1. ONE TEQUILA, TWO TEQUILA, THREE TEQUILA. . . FLOOR.

2. ATHEISM IS A NON-PROPHET ORGANIZATION.

3. IF MAN EVOLVED FROM MONKEYS AND APES, WHY DO WE STILL HAVE MON-KEYS AND APES?

4. THE MAIN REASON THAT SANTA IS SO JOLLY IS BECAUSE HE KNOWS WHERE ALL THE BAD GIRLS LIVE.

5. I WENT TO A BOOKSTORE AND ASKED THE SALESWOMAN, "WHERE'S THE SELF- HELP SECTION?" SHE SAID IF SHE TOLD ME, IT WOULD DEFEAT THE PURPOSE.

6. WHAT IF THERE WERE NO HYPOTHETICAL QUESTIONS?

7. IF A DEAF CHILD SIGNS SWEAR WORDS, DOES HIS MOTHER WASH HIS HANDS WITH SOAP?

8. IF SOMEONE WITH MULTIPLE PERSONALITIES THREATENS TO KILL HIMSELF, IS IT CONSIDERED A HOSTAGE SITUATION?

9. IS THERE ANOTHER WORD FOR SYNONYM?

10. WHERE DO FOREST RANGERS GO TO "GET AWAY FROM IT ALL?"

11. WHAT DO YOU DO WHEN YOU SEE AN ENDANGERED ANIMAL EATING AN EN-DANGERED PLANT?

12. IF A PARSLEY FARMER IS SUED, CAN THEY GARNISH HIS WAGES?

13. WOULD A FLY WITHOUT WINGS BE CALLED A WALK?

14. WHY DO THEY LOCK GAS STATION TOILETS? ARE THEY AFRAID SOMEONE WILL BREAK-IN AND CLEAN THEM?

15. IF A TURTLE DOESN'T HAVE A SHELL, IS HE HOMELESS OR NAKED?

16. CAN VEGETARIANS EAT ANIMAL CRACKERS?

17. IF THE POLICE ARREST A MUTE, DO THEY TELL HIM HE HAS THE RIGHT TO REMAIN SILENT?

18. WHY DO THEY PUT BRAILLE ON THE DRIVE-THROUGH BANK MACHINES?

19. HOW DO THEY GET DEER TO CROSS THE ROAD ONLY AT THOSE YELLOW ROAD SIGNS?

20. WHAT WAS THE BEST THING BEFORE SLICED BREAD?

21. ONE NICE THING ABOUT EGOTISTS: THEY DON'T TALK ABOUT OTHER PEO-

PLE.

22. DOES THE LITTLE MERMAID WEAR AN ALGEBRA?

23. DO INFANTS ENJOY INFANCY AS MUCH AS ADULTS ENJOY ADULTERY?

24. HOW IS IT POSSIBLE TO HAVE A CIVIL WAR?

25. IF ONE SYNCHRONIZED SWIMMER DROWNS, DO THE REST DROWN TOO?

26. IF YOU ATE BOTH PASTA AND ANTIPASTO, WOULD YOU STILL BE HUNGRY?

27. IF YOU TRY TO FAIL, AND SUCCEED, WHICH HAVE YOU DONE?

28. WHOSE CRUEL IDEA WAS IT FOR THE WORD 'LISP' TO HAVE 'S' IN IT?

29. WHY ARE HEMORRHOIDS CALLED "HEMORRHOIDS" INSTEAD OF "ASSTE-

ROIDS"?

30. WHY IS IT CALLED TOURIST SEASON IF WE CAN'T SHOOT AT THEM?

31. WHY IS THERE AN EXPIRATION DATE ON SOUR CREAM?

32. IF YOU SPIN AN ORIENTAL MAN IN A CIRCLE THREE TIMES, DOES HE BE-COME DISORIENTED?

33. CAN AN ATHEIST GET INSURANCE AGAINST ACTS OF GOD?

34. WHY DO SHOPS HAVE SIGNS, 'GUIDE DOGS ONLY'? THE DOGS CAN'T READ AND THEIR OWNERS ARE BLIND?

## Maya Angelou was interviewed by Oprah on her 70+ birthday.

When Oprah asked her what she thought of growing older, Maya said this:

"I've learned that no matter what happens, or how bad it seems today, life does go on, and it will be better tomorrow."

"I've learned that you can tell a lot about a person by the way he/she handles these three things: a rainy day, lost luggage, and tangled Christmas tree lights."

"I've learned that regardless of your relationship with your parents, you'll miss them when they're gone from your life."

"I've learned that making a 'living' is not the same thing as 'making a life'."

"I've learned that life sometimes gives you a second chance."

"I've learned that you shouldn't go through life with a catcher's mitt on both hands; you need to be able to throw some things back."

"I've learned that whenever I decide something with an open heart, I usually make the right decision."

"I've learned that even when I have pains, I don't have to be one."

"I've learned that every day you should reach out and touch someone. People love a warm hug, or just a friendly pat on the back."

"I've learned that I still have a lot to learn."

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

## Approaching Each Day

I woke up early today, excited over all I get to do before the clock strikes midnight. My job is to choose what kind of day I am going to have.

Today I can complain because the weather is rainy or I can be thankful that the grass is getting watered for free.

Today I can feel sad that I don't have more money or I can be glad that my finances encourage me to plan my purchases wisely and guide me away from waste.

Today I can grumble about my health or I can rejoice that I am alive.

Today I can lament over all that my parents didn't give me when I was growing up or I can feel grateful that they allowed me to be born.

Today I can cry because roses have thorns or I can celebrate that thorns have roses.

Today I can mourn my lack of friends or I can excitedly embark upon a quest to discover new job relationships.

Today I can whine because I have to go to work or I can shout for joy because I have a job to go to!

Today I can complain because I have to go to school or eagerly open my mind and fill it with knowledge and adventure.

Today I can dejectedly murmur because I have housework to do or I can feel grateful for shelter for my mind, body and soul.

Today stretches ahead of me, waiting to be shaped, and here I am, the sculptor who gets to do the shaping. What today will be like is up to me. And I shall decide what kind of day I shall have!"

How will you live THIS DAY?

# **ARE YOU A REDNECK?**

We have enjoyed the redneck jokes for years. It's time to take a reflective look at the core beliefs of a culture that values home, family, country and God. If I had to stand before a dozen terrorists who threaten my life, I'd choose a half dozen or so rednecks to back me up. Tire irons, squirrel guns and grit -- that's what rednecks are made of (and those of us who believe we have the right to bear arms in the protection of our way of life and our family). I am one of those. If you feel the same, pass this on to your redneck friends. Y'all know who ya are.

### You might be a redneck if:

It never occurred to you to be o ended by the phrase, 'One nation, under God.'

### You might be a redneck if:

You've never protested about seeing the 10 Commandments posted in public places.

### You might be a redneck if:

You still say ' Christmas' instead of 'Winter Festival.'

### You might be a redneck if:

You bow your head when someone prays.

### You might be a redneck if:

You stand and place your hand over your heart when they play the National Anthem.

### You might be a redneck if:

You treat our armed forces veterans with great respect, and always have.

### You might be a redneck if:

You've never burned an American flag, nor intend to.

### You might be a redneck if:

You know what you believe and you aren't afraid to say so, no matter who is listening.

### You might be a redneck if:

You respect your elders and raised your kids to do the same. Some of you are so old you don't have elders to respect.

### You might be a redneck if:

You'd give your last dollar to a friend.

### You might be a redneck if:

You believe in God & Jesus and believe that others have the right to believe in whichever God they believe in as long as their God does not tell them to kill anyone who does not believe the same as they do.

### God Bless the USA ! IN GOD WE TRUST!

# AS I'VE MATURED . . .

I've learned that you cannot make someone love you. All you can do is stalk them and hope they panic and give in.

I've learned that one good turn gets most of the blankets.

I've learned that no matter how much I care, some people are just jackasses.

I've learned that it takes years to build up trust, and it only takes suspicion, not proof, to destroy it.

I've learned that whatever hits the fan will not be distributed evenly.

I've learned that you shouldn't compare yourself to others. They are more screwed up than you think.

I've learned that depression is merely anger without enthusiasm.

I've learned not to sweat the petty things and not to pet the sweaty things.

I've learned that you can keep vomiting long after you think you're finished.

I've learned that ex's are like fungus and keep coming back.

I've learned that age is a very high price to pay for maturity.

I've learned that I don't suffer from insanity. I enjoy it.

I've learned that we are responsible for what we do, unless we are celebrities.

I've learned that artificial intelligence is no match for natural stupidity.

I've learned that 99% of the time something isn't working in my house, one of my kids did it.

I've learned that there is a fine line between genius and insanity.

I've learned that the people you care most about in life are taken away from you too soon, and all the less important ones never go away.

And the real pains in the ass are permanent.

Ever wonder about the abbreviation A.S.A.P.? Generally we think of it in terms of even more hurry and stress in our lives. Maybe if we think of this abbreviation in a different manner, we will begin to find a new way to deal with those rough days along the way.

There's work to do, deadlines to meet; You've got no time to spare, But as you hurry and scurry-ASAP - ALWAYS SAY A PRAYER

In the midst of family chaos, "Quality time" is rare. Do your best; let God do the rest-ASAP - ALWAYS SAY A PRAYER.

It may seem like your worries Are more than you can bear. Slow down and take a breather-ASAP - ALWAYS SAY A PRAYER

God knows how stressful life is; He wants to ease our cares, And He'll respond to all your needs A.S.A.P. - ALWAYS SAY A PRAYER.

# **BACK NINE**

I first started reading this message and was reading fast until I reached the third sentence. I stopped and started over reading slower and thinking about every word. This message is very thought provoking. Makes you stop and think. Read slowly!

You know, time has a way of moving quickly and catching you unaware of the passing years. It seems just yesterday that I was young, just married and embarking on my new life with my mate. Yet in a way, it seems like eons ago, and I wonder where all the years went. I know that I lived them all. I have glimpses of how it was back then and of all my hopes and dreams.

But, here it is - the 'back nine' of my life and it catches me by surprise. How did I get here so fast? Where did the years go and where did my youth go? I remember vividly seeing older people through the years and thinking that those older people were years away from me and that 'I was only on the first hole' and the 'back nine' was so far off that I could not fathom it or imagine fully what it would be like.

But, here it is . . . my friends are retired and getting grey. They move slower and I see an older person now. Some are in better and some worse shape than me, but I see the great change. Not like the ones that I remember who were young and vibrant, but like me, their age is beginning to show and we are now those older folks that we used to see and never thought we'd become.

Each day now, I find that just getting a shower is a real target for the day. And taking a nap is not a treat anymore, it's mandatory! If I don't on my own free will, I just fall asleep where I sit

And so, now I enter into this new season of my life unprepared for all the aches and pains and the loss of strength and ability to go and do things that I wish I had done but never did! But, at least I know, that though I'm on the 'back nine,' and I'm not sure how long it will last, this I know for sure, that when it's over on this earth it's over. A new adventure will begin.

Yes, I have regrets. There are things I wish I hadn't done, things I should have done, but indeed, there are many things I'm happy to have done. It's all in a lifetime.

So, if you're not on the 'back nine' yet, let me remind you, that it will be here faster than you think. So, whatever you would like to accomplish in your life, please do it quickly. Don't put things off too long. Life goes by quickly. So, do what you can today, as you can never be sure whether you're on the 'back nine' or not. You have no promise that you will see all the seasons of your life so, live for today and say all the things that you want your loved ones to remember, and hope that they appreciate and love you for all the things that you have done for them in all the years past.

"Life" is a gift to you. The way you live your life is your gift to those who come after. Make it a fantastic one. LIVE IT WELL. ENJOY TODAY. DO SOMETHING FUN. BE HAPPY. HAVE A GREAT DAY. Remember, "It is health that is real wealth, not pieces of gold and silver." LIVE HAPPY

LASTLY, CONSIDER THE FOLLOWING:

Your kids are becoming you, but your grandchildren are perfect.

Going out is good, but coming home is better.

You forget names, but it's OK because other people forgot they even knew you.

You realize you're never going to be really good at anything, especially golf.

The things you used to care to do, you no longer care to do, but you really do care that you don't care to do them anymore.

You sleep better on a lounge chair with the TV blaring than in bed. It's called "pre-sleep".

You miss the days when everything worked with just an "on" and "off" switch,

You tend to use more 4 letter words . . . "what?" . . . "when?". . " ???

Now that you can afford expensive jewelry, it's not safe to wear it anywhere.

What used to be freckles are now liver spots.

Everybody whispers.

You have three sizes of clothes in your closet, two of which you will never wear.

But Old is good in some things ~~~ Old Songs, Old Movies, and best of all, OLD FRIENDS. Stay well, "OLD FRIEND!"

It's Not What You Gather But What You Scatter That Tells What Kind Of Life You Have Lived.

TODAY IS THE OLDEST YOU'VE EVER BEEN, YET THE YOUNGEST YOU'LL EVER BE, SO ENJOY THIS DAY WHILE IT LASTS.

## REALLY BAD ANALOGIES WRITTEN BY HIGH SCHOOL STUDENTS

- 1. Her eyes were like two brown circles with big black dots in the center.
- 2. He was as tall as a 6'3" tree.
- 3. Her face was a perfect oval, like a circle that had its two sides gently compressed by a Thigh Master.
- 4. From the attic came an unearthly howl. The whole scene had an eerie, surreal quality, like when you're on vacation in another city and Jeopardy comes on at 7:00 instead of 7:30.
- 5. John and Mary had never met. They were like two hummingbirds who had also never met.
- 6. She had a deep, throaty, genuine laugh, like the sound a dog makes just before it throws up.
- 7. The ballerina rose gracefully en pointe and extended one slender leg behind her, like a dog at a fire hydrant.
- 8. He was as lame as a duck. Not the metaphorical lame duck, either, but a real duck that was actually lame. Maybe from stepping on a land mine or something.
- 9. Her vocabulary was as bad as, like, whatever.
- 10. She grew on him like she was a colony of ecoli and he was room-temperature Canadian beef.
- 11. The revelation that his marriage of thirty years had disintegrated because of his wife's infidelity came as a rude shock, like a surcharge at a formerly surcharge-free ATM.
- 12. The lamp just sat there, like an inanimate object.

# **BANK ACCOUNT!!!**

A 92-year-old, petite, well-poised, and proud man, who is fully dressed each morning by eight o'clock, with his hair fashionably combed and shaved perfectly, even though he is legally blind, moved to a nursing home today.

His wife of 70 years recently passed away, making the move necessary. After many hours of waiting patiently in the lobby of the nursing home, he smiled sweetly when told his room was ready.

As he maneuvered his walker to the elevator, I provided a visual description of his tiny room, including the eyelet sheets that had been hung on his window.

'I love it,' he stated with the enthusiasm of an eight-year-old having just been presented with a new puppy.

'Mr. Jones, you haven't seen the room; just wait.'

'That doesn't have anything to do with it,' he replied. Happiness is something you decide on ahead of time. Whether I like my room or not doesn't depend on how the furniture is arranged; it's how I arrange my mind. I already decided to love it.

'It's a decision I make every morning when I wake up. I have a choice; I can spend the day in bed recounting the difficulty I have with the parts of my body that no longer work, or get out of bed and be thankful for the ones that do. Each day is a gift, and as long as my eyes open, I'll focus on the new day and all the happy memories I've stored away. Just for this time in my life.

Old age is like a bank account. You withdraw from what you've put in. So, my advice to you would be to deposit a lot of happiness in the bank account of memories.

Thank you for your part in filling my Memory Bank. I am still depositing.

Remember the five simple rules to be happy:

- 1. Free your heart from hatred.
- 2. Free your mind from worries.
- 3. Live simply.
- 4. Give more.
- 5. Expect less.

Have a nice day, unless you already have other plans.



"All kids need is a little help, a little hope, and someone who believes in them."

-Magic Johnson

"A lot of late nights in the gym, a lot of early mornings; especially when your friends are going out, you're going to the gym; those are the sacrifices that you have to make if you want to be an NBA player."

#### -Jason Kidd

"Ask not what your teammates can do for you. Ask what you can do for your teammates."

#### -Magic Johnson

"Being selected Most Improved was a special individual award because when I speak to young people, I always try to tell them the importance about it's not where you start but where you end up."

-Kevin Johnson

"Do your best when no one is looking. If you can do that, then you'll be successful in anything that you put your mind to."

#### -Bob Cousy

"Everybody's talking trash these days, so why not keep quiet?"

#### -Dennis Rodman

"Five guys on the court working together can achieve more than five talented individuals who come and go as individuals."

#### -Kareem Abdul-Jabbar

"Fundamental preparation is always effective. Work on those parts of your game that are fundamentally weak."

work."

#### -Kareem Abdul-Jabbar

"Goals determine what you are going to be." -Julius Erving

"I believe that good things come to those who

-Wilt Chamberlain

"I can accept failure, but I cannot accept trying." -Michael Jordan

"You can't win unless you learn how to lose."

#### -Kareem Abdul-Jabbar

"Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it."

#### -Michael Jordan

"No matter how good you get, there's always something further out there."

#### -Bill Walton

"Push yourself again and again. Don't give an inch until the final buzzer sounds."

#### -Larry Bird

"It's like all guys want to do is make a dunk, grab their shirt, and yell out and scream. They could be down thirty points, but that's what they do. Okay, so you made a dunk. Now get back down the floor on defense!" -Oscar Robertson "I had to spend countless hours, above and beyond the basic time, to try and perfect the fundamentals." -Julius Erving

"I learned at a young age to dribble the ball with both hands, and that allows me to be more creative when I go up against bigger and stronger opponents."

#### -Steve Nash

"I never looked at the consequence of missing a big shot. When you think about the consequences, you always think about a negative thought."

#### -Michael Jordan

"It's what you get from the games you lose that is extremely important."

#### -Pat Riley

"I'll do whatever it takes to win games, whether it's sitting on the bench waving a towel, handing a cup of water to a teammate, or hitting the game-winning shot." -Kobe Bryant

"Basketball is like photography; if you don't focus, all you have is the negative."

#### -Dan Frisby

"The only difference between a good shot and a bad shot is if it goes in or not."

#### -Charles Barkley

"Basketball doesn't build character; it reveals it."

#### -Anonymous

"I keep both eyes on my man. The basket hasn't moved on me yet."

#### -Julius Erving

"If all I'm remembered for is being a good basketball player, then I've done a bad job with the rest of my life."

#### -Isiah Thomas

"I've missed more than 9,000 shots in my career. I've lost almost 300 games. 26 times I've been entrusted to take the game-winning shot and missed."

#### -Michael Jordan

"I've got a theory that if you give 100% all of the time, somehow things will work out in the end."

#### -Larry Bird

"You don't have to be Magic to be special. You're already special; you're you."

#### -Magic Johnson

"I think someone should explain to the athlete that it's okay to make mistakes. That's how we learn. When we compete, we make mistakes."

#### -Kareem Abdul-Jabbar

"I think that everyone should be able to dribble. Everyone should be able to pass. Otherwise, why are you out there?"

#### -Oscar Robertson

"It doesn't matter who scores the points. It's who can get the ball to the scorer."

#### -Larry Bird

# **BE CAREFUL WHAT YOU PLANT**

If you plant honesty, you will reap trust. If you plant goodness, you will reap friends. If you plant humility, you will reap greatness. If you plant perseverance, you will reap victory. If you plant consideration, you will reap harmony. If you plant consideration, you will reap success. If you plant hard work, you will reap success. If you plant forgiveness, you will reap reconciliation. If you plant openness, you will reap intimacy. If you plant patience, you will reap improvements. If you plant faith, you will reap miracles.

### But:\_

If you plant dishonesty, you will reap distrust. If you plant selfishness, you will reap loneliness. If you plant pride, you will reap destruction. If you plant envy, you will reap trouble. If you plant laziness, you will reap stagnation. If you plant bitterness, you will reap isolation. If you plant greed, you will reap loss. If you plant gossip, you will reap enemies. If you plant worries, you will reap wrinkles. If you plant sin, you will reap guilt.

So be careful what you plant now.

It will determine what you will reap tomorrow.

# **Beginning Today**

Beginning today I will no longer worry about yesterday. It is in the past, and the past will never change. Only I can change by choosing to do so.

Beginning today I will no longer worry about tomorrow. Tomorrow will always be there, waiting for me to make the most of it. But I cannot make the most of tomorrow without first making the most of today.

Beginning today I will look in the mirror and I will see a person worthy of my respect and admiration.

This capable person looking back at me is someone I enjoy spending time with and someone I would like to get to know better.

Beginning today I will cherish each moment of my life.

I value this gift bestowed upon me in this world and I will unselfishly share this gift with others. I will use this gift to enhance the lives of others.

Beginning today I will take a moment to step off the beaten path and to revel in the mysteries I encounter.

I will face challenges with courage and determination.

I will overcome what barriers there may be which hinder my quest for growth and self-improvement.

Beginning today I will take life one day at a time, one step at a time.

Discouragement will not be allowed to taint my positive self-image, my desire to succeed, or my capacity to love.

Beginning today I walk with renewed faith in human kindness. Regardless of what has gone before, I believe there is hope for a brighter and better future.

Beginning today I will open my mind and my heart.

I will welcome new experiences. I will meet new people.

I will not expect perfection from myself nor anyone else: perfection does not exist in an imperfect world.

But I will applaud the attempt to overcome human foibles.

Beginning today I am responsible for my own happiness and I will do things that make me happy . . .

admire the beautiful wonders of nature, listen to my favorite music,

pet a kitten or a puppy, soak in a bubble bath . . .

pleasure can be found in the most simple of gestures.

Beginning today I will learn something new; I will try something different; I will savor all the various flavors life has to offer.

I will change what I can and the rest I will let go.

I will strive to become the best me I can possibly be.

Beginning today. And every day.

## Best Prayer I Have Heard In A Long Time...

Heavenly Father, Help us remember that the jerk who cut us off in traffic last night is a single mother who worked nine hours that day and is rushing home to cook dinner, help with homework, do the laundry, and spend a few precious moments with her children.

Help us to remember that the pierced, tattooed, disinterested young man who can't make change correctly is a worried 19-year-old college student, balancing his apprehension over final exams with his fear of not getting his student loans for next semester.

Remind us, Lord, that the scary looking bum, begging for money in the same spot every day (who really ought to get a job) is a slave to addictions that we can only imagine in our worst nightmares.

Help us to remember that the old couple walking annoyingly slow through the store aisles and blocking our shopping progress is savoring this moment, knowing that, based on the biopsy report she got back last week, this will be the last year that they go shopping together.

Heavenly Father, remind us each day that, of all the gifts you give us, the greatest gift is love. It is not enough to share that love with those we hold dear. Open our hearts not to just those who are close to us, but to all humanity. Let us be slow to judge and quick to forgive, show patience, empathy, and love. [Matthew 5:44]

Working for God on earth doesn't pay much. . . but His retirement plan is out of this world.

## THE BEST SEIZE THE MOMENT

The best seize the moment because they don't allow their fear to define them. They know this fear exists, and they overcome it. Their faith is greater than any score, performance, or outcome. Even if they lose, they are still on the path to greatness. And even if they fail, they are one step closer to the perfection they seek.

Ironically, even though the best have a dream and a vision within their sights, it is the journey, not the destination, that matters most to them. The moment is more important than any success or failure. The moment is the success. The moment is the reward.

When the best are in the midst of their performance, they are not thinking "What if I win?" or "What if I lose?" They are not thinking "What if I make a mistake or miss a shot?" They are not interested in what the moment produces but are only concerned with what they produce in the moment. When all eyes are watching, they know that this is the moment they have been preparing and waiting for. Rather than hiding from pressure, they rise to the occasion. As a result, the best define the moment rather than letting the moment define them. To seize the moment, don't let your failure define you; let it fuel you. Don't run from fear; face it and embrace it. Don't let fear rob you of your love and joy for the game; let it push you into the moment and beyond yourself. Let it inspire you to live and work each day as though it were your last.

Don't let the moments define you. You define the moment. Define it by knowing that your practice and preparation have prepared you well. Define it with your mental strength, faith, and confidence. Define it by knowing that regardless of the outcome, you have given your very best.

Everyone talks about destiny. Everyone searches for it, not realizing that each and every moment is your destiny. Make every moment of your life count. Realize that this is your one shot, yet don't focus on the result or outcome of the shot. Just focus on the shot.

Don't focus on the past, and don't look to the future. Focus on the now. Success, rewards, accolades, fame, and fortune are merely by-products for those who are able to seize the moment -- not those who look beyond it. Ironically, to enjoy success you must not focus on it. Rather, you must focus on the process that produces success.

You are more than your successes. You are more than your failures. You are who you are in the moment. Enjoy it, Live it. Make the most of it. Make it yours.

-Jon Gordon, Training Camp, A Fable About Excellence.

### A MUST READ!

## Bill Cosby has done it again....

Nothing we haven't all said, but not so eloquently.

I HAVE DECIDED TO BECOME A WRITE-IN CANDIDATE FOR PRESIDENT IN THE YEAR 2012. HERE IS MY PLATFORM:

(1). Any use of the phrase: 'Press 1 for English' is immediately banned. English is the official language; speak it or wait outside of our borders until you can.

(2). We will immediately go into a two-year isolationist attitude in order to straighten out the greedy big business posture in this country. America will allow NO imports, and we'll do no exports. We will use the 'Wal-Mart policy, 'If we ain't got it, you don't need it.' We'll make it here and sell it here!

(3). When imports are allowed, there will be a 100% import tax on it coming in here.

(4). All retired military personnel will be required to man one of the many observation towers located on the southern border of the United States (six-month tour). They will be under strict orders not to fire on SOUTHBOUND aliens.

(5). Social Security will immediately return to its original state. If you didn't put nuttin' in, you ain't gettin nuttin' out. Neither the President nor any other politician will be able to touch it.

(6). Welfare? Checks will be handed out on Fridays, at the end of the 40-hour school week, the successful completion of a urinalysis test for drugs, and passing grades.

(7). Professional Athletes — Steroids? The **<u>FIRST</u>** time you check positive you're banned from sports ... for life.

(8). Crime? We will adopt the Turkish method, i.e., the first time you steal, you lose your right hand. There is no more 'life sentences'. If convicted of murder, you will be put to death by the same method you chose for the victim you killed: gun, knife, strangulation, etc.

(9). One export of ours will be allowed: wheat; because the world needs to eat. However, a bushel of wheat will be the exact price of a barrel of oil.

(10). All foreign aid, using American taxpayer money, will immediately cease and the saved money will help to pay off the national debt and, ultimately, lower taxes. When disasters occur around the world, we'll ask The American People if they want to donate to a disaster fund, and each citizen can make the decision as to whether or not it's a worthy cause.

(11). The Pledge of Allegiance will be said every day at school and every day in Congress.

(12). The National Anthem will be played at all appropriate ceremonies, sporting events, outings, etc.

My apology is offered if I've stepped on anyone's toes, nevertheless, GOD BLESS AMERICA!

# **BILL GATE'S RULES TO YOUNG PEOPLE**

To anyone with kids of any age or anyone who has ever been a kid, here's some advice Bill Gates recently dished out about eleven things they did not and will not learn in school. He talks about how feel-good, politically correct teachings created a generation of kids with no concept of reality and how this concept sets them up for failure in the real world.

RULE 1: Life is not fair. Get used to it.

**RULE 2:** The world won't care about your self-esteem. The world will expect you to accomplish something **BEFORE** you feel good about yourself.

**RULE 3:** You will **NOT** make \$40,000 a year right out of high school. You won't be a vice-president with a car phone until you **EARN** both.

RULE 4: If you think your teacher is tough, wait till you get a boss.

**RULE 5:** Flipping burgers is not beneath your dignity. Your grandparents had a different word for burger flipping. . . they called it **OPPORTUNITY!** 

**RULE 6:** If you mess up, it's not your parents' fault. So don't whine about your mistakes. Learn from them.

**RULE 7:** Before you were born, your parents weren't as boring as they are now. They got that way from paying your bills, cleaning your clothes, and listening to you talk about how cool you are. So before you save the rain forest from the parasites of your parents' generation, try delousing the closet in your own room.

**RULE 8:** Your school may have done away with winners and losers, but life has not. In some schools they have abolished failing grades and they'll give you as many times as you want to get the right answer. This doesn't bear the slightest resemblance to **ANYTHING** in real life.

**RULE 9:** Life is not divided into semesters. You don't get summers off, and very few employers are interested in helping you find yourself. Do that on your own time.

**RULE 10:** Television is **NOT** real life. In real life, people actually have to leave the coffee shop and go to work.

**RULE 11:** Be nice to nerds. Chances are you'll end up working for one.

# **BLACK AND WHITE**

Under age 40? You probably won't understand black and white television. You could hardly see for all the snow; spread the rabbit ears as far as they go. Pull a chair up to the TV set; "Good Night, David. Good Night, Chet." Depending on the channel you tuned, you got Rob and Laura - or Ward and June. It felt so good, it felt so right. Life looked better in black and white.

I Love Lucy, The Real McCoys, Dennis the Menace, the Cleaver boys, Rawhide, Gunsmoke, Wagon Train, Superman, Jimmy and Lois Lane. Father Knows Best, Patty Duke, Rin Tin Tin and Lassie too. Donna Reed on Thursday night! Life looked better in black and white.

I want to go back to black and white. Everything always turned out right. Simple people, simple lives. Good guys always won the fights. Now nothing is the way it seems in living color on the TV screen. Too many murders, too many fights; I want to go back to black and white.

In God they trusted, alone in bed, they slept. A promise made was a promise kept. They never cussed or broke their vows. They'd never make the network now. But if I could, I'd rather be in a TV town in '53. It felt so good. It felt so right. Life looked better in black and white. I'd trade all the channels on the satellite, if I could just turn back the clock tonight to when everybody knew wrong from right. Life was better in black and white!

Another goody For the oldtimers My mom used to cut chicken, chop eggs, and spread mayo on the same cutting board with the same knife and no bleach, but we didn't seem to get food poisoning. My mom used to defrost hamburger on the counter AND I used to eat it raw sometimes, too. Our school sandwiches were wrapped in wax paper in a brown paper bag, not in ice pack coolers. But I can't remember getting ecoli.

Almost all of us would have rather gone swimming in the lake instead of a pristine pool (talk about boring). There were no beach closures then. The term cell phone would have conjured up a phone in a jail cell, and a pager was the school PA system. We all took gym, not PE, and risked permanent injury with a pair of hightop Ked's (only worn in gym) instead of having cross-training athletic shoes with air cushion soles and built in light reflectors. I can't recall any injuries, but they must have happened because they tell us how much safer we are now. Flunking gym was not an option, even for stupid kids! I guess PE must be much harder than gym. Speaking of school, we all sang the national anthem, and staying in detention after school caught all sorts of negative attention. We must have had horribly damaged psyches. What an archaic health system we had then. Remember school nurses? Ours wore a hat and everything.

I thought that I was supposed to accomplish something before I was allowed to be proud of myself. I just can't recall how bored we were without computers, Play Station, Nintendo, X-box or 270 digital TV cable stations.

Oh yeah... and where was the Benadryl and sterilization kit when I got that bee sting? I could have been killed! We played 'king of the hill' on piles of gravel left on vacant construction sites, and when we got hurt, Mom pulled out the 48-cent bottle of mercurochrome (kids liked it better because it didn't sting like iodine did) and then we got our butt spanked. Now it's a trip to the emergency room, followed by a 10-day dose of a \$49 bottle of antibiotics, and then Mom calls the attorney to sue the contractor for leaving a horribly vicious pile of gravel where it was such a threat.

We didn't act up at the neighbor's house either because if we did, we got our butt spanked there and then we got our butt spanked again when we got home. I recall Donny Reynolds from next door coming over and doing his tricks on the front stoop, just before he fell off. Little did his Mom know that she could have owned our house. Instead, she picked him up and swatted him for being such a goof. It was a neighborhood run amuck. To top it off, not a single person I knew had ever been told that they were from a dysfunctional family. How could we possibly have known that?

We needed to get into group therapy and anger management classes. We were obviously so duped by so many societal itls, that we didn't even notice that the entire country wasn't taking Prozac! How did we ever survive?

LOVE TO ALL OF US WHO SHARED THIS ERA. AND TO ALL WHO DIDN'T, SORRY FOR WHAT YOU MISSED. I WOULDN'T TRADE IT FOR ANYTHING

# < < < <BLESSINGS > > > >

If you woke up this morning with more health than illness, you are more blessed than the million who won't survive the week.

If you have never experienced the danger of battle, the loneliness of imprisonment, the agony of torture, or the pangs of starvation, you are ahead of twenty million people around the world.

If you attend a church meeting without fear of harrassment, arrest, torture, or death, you are more blessed than almost three billion people in the world.

If you have food in your refrigerator, clothes on your back, a roof over your head, and a place to sleep, you are richer than 75% of this world.

If you have money in the bank, in your wallet, and spare change in a dish somewhere, you are among the top 8% of the world's wealthy.

If your parents are still married and alive, you are very rare, especially in the United States.

If you hold up your head with a smile on your face and are truly thankful, you are blessed because the majority can, but most do not.

If you can hold someone's hand, hug them, or even touch them on the shoulder, you are blessed because you can offer God's healing touch.

If you can read this message, you are more blessed than over two billion people in the world who cannot read anything at all.

You are blessed in ways you may never even know. If you feel blessed, repay the blessings bestowed unto you and do something for others.

Happy moments, praise God. Difficult moments, seek God. Quiet moments, worship God. Painful moments, trust God. Every moment, thank God. Do you ever wonder about those people who say they are giving more than 100%? We have all been to those meetings where someone wants over 100%. How about achieving 103%? Here's a little math that might prove helpful. What makes life 100%?

If the following letters are assigned numerical counterparts, then A=1, B=2, C=3, D=4, E=5, F=6, G=7, H=8, I=9, J=10, K=11, L=12, M=13, N=14, O=15, P=16, Q=17, R=18, S=19, T=20, U=21, V=22, W=23, X=24, Y=26, and Z=26. If this is true, then:

H 8	A 1	R 18	D 4	W 23	O 15	R 18	K 11		98%
K 11	N 14	O 15	W 23	L 12	E 5	D 4	G 7	E 5	96%
But									
A 1	Т 20	Т 20	l 9	T 20	U 21	D 4	E 5		100%
And									
B 2	U 21	L 12	L 12	S 19	H 8	l 9	T 20		103%

So, it stands to reason that hardwork and knowledge will get you close, attitude will get you there, but bullshit will put you over the top!

## THINGS YOUR BURGLAR WON'T TELL YOU

1. Of course I look familiar. I was here just last week cleaning your carpets, painting your shutters, or delivering your new refrigerator.

2. Hey, thanks for letting me use the bathroom when I was working in your yard last week. While I was in there, I unlatched the back window to make my return a little easier.

3. Love those flowers. That tells me you have taste, and taste means there are nice things inside. Those yard toys your kids leave out always make me wonder what type of gaming system they have.

4. Yes, I really do look for newspapers piled up on the driveway. And I might leave a pizza flyer in your front door to see how long it takes you to remove it.

5. If it snows while you're out of town, get a neighbor to create car and foot tracks into the house. Virgin drifts in the driveway are a dead giveaway that you are away from home.

6. If decorative glass is part of your front entrance, don't let your alarm company install the control pad where I can see if it's set. That makes it too easy.

7. A good security company alarms the window over the sink. And the windows on the second floor, which often access the master bedroom, and your jewelry. It's not a bad idea to put motion detectors up there too.

8. It's raining, you're fumbling with your umbrella, and you forget to lock your door - understandable. But understand this: I don't take a day o because of bad weather.

9. I always knock first. If you answer, I'll ask for directions somewhere or o er to clean your gutters. (Don't take me up on it.)

10. Do you really think I won't look in your sock drawer? I always check dresser drawers, the bedside table, and the medicine cabinet.

11. Here's a helpful hint: I almost never go into kids' rooms.

12. You're right. I won't have enough time to break into that safe where you keep your valuables. But if it's not bolted down, I'll take it with me.

13. A loud TV or radio can be a better deterrent than the best alarm system. If you're reluctant to leave your TV on while you're out of town, you can buy a \$35 device that works on a timer and simulates the flickering glow of a real television. (Find it at http://www.faketv/.com/)

### **8 MORE THINGS A BURGLAR WON'T TELL YOU:**

1. Sometimes, I carry a clipboard. Sometimes, I dress like a lawn guy and carry a rake. I do my best to never, ever look like a crook.

2. The two things I hate most: loud dogs and nosy neighbors.

3. I'll break a window to get in, even if it makes a little noise. If your neighbor hears one loud sound, he'll stop what he's doing and wait to hear it again. If he doesn't hear it again, he'll just go back to what he was doing. It's human nature.

4. I'm not complaining, but why would you pay all that money for a fancy alarm system and leave your house without setting it?

5. I love looking in your windows. I'm looking for signs that you're home, and even if you are home, shut those curtains, shades and blinds so I cannot see those flat screen TVs or gaming systems I'd like. I'll drive or walk through your neighborhood at night, before you close the curtains, shades or blinds, just to pick my targets.

6. Avoid announcing your vacation on your Facebook page. It's easier than you think to look up your address.

7. To you, leaving that window open just a crack during the day is a way to let in a little fresh air. To me, it's an invitation.

8. If you don't answer when I knock, I try the door. Occasionally, I hit the jackpot and just walk right in.

Sources: Convicted burglars in North Carolina, Oregon, California, and Kentucky; security consultant Chris McGoey, who runshttp://www.crimedoctor.com/ and Richard T. Wright, a criminology professor at the University of Missouri-St. Louis, who interviewed 105 burglars for his book Burglars on the Job.

Protection for you and your home. If you don't have a gun, here's a more humane way to wreck someone's evil plans for you.

#### WASP SPRAY

A friend who is a receptionist in a church in a high risk area was concerned about someone coming into the o ce on Monday to rob them when they were counting the collection. She asked the local police department about using pepper spray and they recommended to her that she get a can of wasp spray instead.

The wasp spray, they told her, can shoot up to twenty feet away and is a lot more accurate, while with the pepper spray, they have to get too close to you and could overpower you. The wasp spray temporarily blinds an attacker until they get to the hospital for an antidote. She keeps a can on her desk in the o ce and it doesn't attract attention from people like a can of pepper spray would. She also keeps one nearby at home for home protection.

On the heels of a break-in and beating that left an elderly woman in Toledo dead, self-defense experts have a tip that could save your life.

Val Glinka teaches self-defense to students at Sylvania Southview High School . For decades, he's suggested putting a can of wasp and hornet spray near your door or bed.

Glinka says, "This is better than anything I can teach them." Glinka considers it inexpensive, easy to find, and more e ective than mace or pepper spray. The cans typically shoot 20 to 30 feet; so if someone tries to break into your home, Glinka says, "spray the culprit in the eyes". It's a tip he's given to students for decades. It's also one he wants everyone to hear. If you're looking for protection, Glinka says look to the spray.

"That's going to give you a chance to call the police; maybe get out." Maybe even save a life.

Put your car keys beside your bed at night. Tell your spouse, your children, your neighbors, your parents, your Dr.'s o ce, the check-out girl at the market, everyone you run across. Put your car keys beside your bed at night. If you hear a noise outside your home or someone trying to get in your house, just press the panic button for your car. The alarm will be set o, and the horn will continue to sound until either you turn it o or the car battery dies. This tip came from a neighborhood watch coordinator. Next time you come home for the night and you start to put your keys away, think of this: It's a security alarm system that you probably already have and requires no installation. Test it. It will go o from most everywhere inside your house and will keep honking until your battery runs down or until you reset it with the button on the key fob chain. It works if you park in your driveway or garage. If your car alarm goes o when someone is trying to break into your house, odds are the burglar/rapist won't stick around.

After a few seconds all the neighbors will be looking out their windows to see who is out there and sure enough the criminal won't want that. And remember to carry your keys while walking to your car in a parking lot. The alarm can work the same way there. This is something that should really be shared with everyone. Maybe it could save a life or a sexual abuse crime.

It would also be useful for any emergency, such as a heart attack, where you can't reach a phone. My Mom has suggested to my Dad that he carry his car keys with him in case he falls outside and she doesn't hear him. He can activate the car alarm and then she'll know there's a problem.

Please pass this on even IF you've read it before. It's a reminder.

# **BUTT PRINTS IN THE SAND**

One night, I had a wondrous dream, One set of footprints there was seen, The footprints of my precious Lord, But mine were not along the shore.

But then some stranger prints appeared, And I asked the Lord, "What have we here? Those prints are large and round and neat, But Lord, they are too big for feet."

*"My child,"* He said in somber tones, *"For miles I carried you alone. I challenged you to walk in faith, But you refused and made me wait."* 

"You disobeyed, you would not grow, The walk of faith you would not know, So I got tired, I got fed up, And there I dropped you on your butt."

*"Because in life, there comes a time, When one must fight, and one must climb, When one must rise and take a stand, Or leave their butt prints in the sand."* 

-Author Unknown

### THE ANT AND THE GRASSHOPPER OLD VERSION:

The ant works hard in the withering heat all summer long, building his house and laying in supplies for the winter.

The grasshopper thinks he's a fool and laughs and dances and plays the summer away.

Come winter, the ant is warm and well-fed. The grasshopper has no food or shelter, so he dies out in the cold.

MORAL OF THE STORY: Be responsible for yourself.

### THE ANT AND THE GRASSHOPPER MODERN VERSION:

The ant works hard in the withering heat all summer long, building his house and laying in supplies for the winter.

The grasshopper thinks he's a fool and laughs and dances and plays the summer away.

Comes winter, the shivering grasshopper calls a press conference and demands to know why the ant should be allowed to be warm and well-fed while others are cold and starving.

CBS, NBC, and ABC show up to provide pictures of the shivering grasshopper next to the video of the ant in his comfortable home with a table filled with food.

America is stunned by the sharp contrast. How can this be, that in a country of such wealth, this poor grasshopper is allowed [!] to suffer so?

Kermit the Frog appears on "Oprah" with the grasshopper, and everybody cries when they sing, "It's Not Easy Being Green."

Jesse Jackson stages a demonstration in front of the ant's house where the news stations film the group singing, "We Shall Overcome." Jesse then has the group kneel down to pray to God for the grasshopper's sake.

Tom Daschle and John Kerry exclaim in an interview with Peter Jennings that the ant has gotten rich off the back of the grasshopper, and both call for an immediate tax hike to make him pay his "fair share."

Finally, the EEOC drafts the "Economic Equity and Anti-Grasshopper Act," retroactive to the beginning of summer. The ant is fined for failing to hire a proportionate number of green bugs and, having nothing left to pay his retroactive taxes, his home is confiscated by the government.

Hillary Clinton gets her old law firm to represent the grasshopper in a defamation suit against the ant, and the case is tried before a panel of federal judges that Bill appointed from a list of single-parent welfare recipients.

The story ends as we see the grasshopper finishing up the last bits of the ant's food while the government house he is in, which just happens to be the ant's old house, crumbles around him because he doesn't maintain it.

The ant has disappeared in the snow.

The grasshopper is found dead in a drug-related incident and the house, now abandoned, is taken over by a gang of spiders who terrorize the once-peaceful neighborhood.

MORAL OF THE STORY: Welcome to the "new and improved" USA.

# THE ATHLETE'S PRAYER

Lord, please clear my head of all distractions, And my heart of burdens I may bear, So I may perform my very best, Knowing you'll always be there.

Please lift me up before the moment, So through your eyes I may see, And have a clearer understanding, As the game unfolds before me.

With great courage I will meet this challenge, As you would have me to, But keep me humble and remind me, That my strength comes from knowing you.

Then when all eyes are upon me, At the end of this big game, I will turn their eyes to you, O' Lord, And to the glory of your name.

Amen

Danita Pagel

## As You Slide Down The Banister Of Life, Remember . . .

1. Jim Baker and Jimmy Swaggert have written an impressive new book. It's called "Ministers Do More Than Lay People."

2. Transvestite: A guy who likes to eat, drink and be Mary.

3. The difference between the Pope and your boss? The Pope only expects you to kiss his ring.

4. My mind works like lightning. One brilliant flash and it is gone.

5. The only time the world beats a path to your door is if you're in the bathroom.

6. I hate sex in the movies. Tried it once. The seat folded up, the drink spilled and that ice, well, it really chilled the mood.

7. It used to be only death and taxes were inevitable. Now, of course, there's shipping and handling, too.

8. A husband is someone who, after taking the trash out, gives the impression that he just cleaned the whole house.

9. My next house will have no kitchen - just vending machines and a large trash can.

10. A blonde said, "I was worried that my mechanic might try to rip me off. I was relieved when he told me all I needed was turn signal fluid."

11. I'm so depressed. My doctor refused to write me a prescription for Viagra. He said it would be like putting a new flagpole on a condemned building.

12. My neighbor was bit by a stray rabid dog. I went to see how he was and found him writing frantically on a piece of paper. I told him rabies could be treated, and he didn't have to worry about a Will. He said, "Will? What Will? I'm making a list of the people I want to bite."

13 Definition of a teenager? God's punishment for enjoying sex.

14. As we slide down the banister of life, may the splinters never point the wrong way.

## THE BEST DAY OF MY LIFE

Today, when I awoke, I suddenly realized that this is the best day of my life, ever! There were times when I wondered if I would make it to today, but I did. And because I did, I'm going to celebrate.

Today, I'm going to celebrate what a great life I have had so far; the accomplishments, the many blessings, and, even the hardships, because they have served to make me stronger. I will go through this day with my head held high, and a happy heart. I will marvel at God's seemingly simple gifts: the morning dew, the sun, the clouds, the trees, the flowers, the birds. Today, none of these miraculous creations will escape my notice.

Today, I will share my excitement with other people. I'll make someone smile. I'll go out of my way to perform an unexpected act of kindness for someone I don't even know.

Today, I'll give a sincere compliment to someone who seems down. I'll tell a child how special he is, and I'll tell someone I love just how deeply I care for them and how much they mean to me.

Today is the day I quit worrying about what I don't have, and start being grateful for all the wonderous things God has already given me. I'll remember that to worry is just a waste of time because my faith in God and His plan ensures everything will be just fine.

And tonight, before I go to bed, I'll go outside and raise my eyes to the heavens. I will stand in awe at the beauty of the stars and the moon, and I will praise God for these magnificent treasures.

As the day ends and I lay my head down on my pillow, I will thank the Almighty for the best day of my life. And I will sleep the sleep of a contented child, excited with expectation, because I know tomorrow is going to be the best day of my life, ever!

### The "Better Than Good" Life Zig Ziglar

I am doing "better than good" because I understand that failure is an event, not a person; that yesterday ended last night; and that today is my brand-new day.

I am doing "better than good" because I have made friends with my past, I am focused on the present, and I am optimistic about the future.

I am doing "better than good" because I know that success (a win) doesn't make me, and failure (a loss) doesn't break me.

I am doing "better than good" because I am filled with faith, hope, and love and I live without anger, greed, guilt, envy, or thoughts of revenge.

I am doing "better than good" because I am mature enough to delay gratification and shift my focus from my rights to my responsibilities.

I am doing "better than good" because I know that failure to stand for what is morally right is the prelude to being the victim of what is criminally wrong.

I am doing "better than good" because I am secure in who and Whose I am, so I am at peace with God and in fellowship with man.

I am doing "better than good" because I have made friends of my adversaries and have gained the love and respect of those who know me best.

I am doing "better than good" because I understand that others can give me pleasure, but genuine happiness comes when I do things for others.

I am doing "better than good" because I am pleasant to the grouchy, courteous to the rude, and generous to the needy.

I am doing "better than good" because I love the unlovable and give hope to the helpless, friendship to the friendless, and encouragement to the discouraged.

I am doing "better than good" because I can look back in forgiveness, forward in hope, down in compassion, and up with gratitude.

I am doing "better than good" because I know that "he who would be the greatest among you must become the servant of all."

I am doing "better than good" because I recognize, confess, develop, and use my Godgiven physical, mental, and spiritual abilities to the glory of God and for the benefit of humankind.

I am doing "better than good" because my faith assures me that when I stand in front of the Universe, He will say to me, "Well done, thou good and faithful servant."

# **The Blind Boy**

A blind boy sat on the steps of a building with a hat by his feet. He held up a sign which said: "I am blind; please help." There were only a few coins in the hat.

A man was walking by. He took a few coins from his pocket and dropped them into the hat. He then took the sign, turned it around, and wrote some words. He put the sign back so that everyone who walked by would see the new words.

Soon the hat began to fill up. A lot more people were giving money to the blind boy. That afternoon the man who had changed the sign came to see how things were. The boy recognized his footsteps and asked, "Were you the one who changed my sign this morning? What did you write?"

The man said, "I only wrote the truth. I said what you said but in a different way."

What he had written was: "Today is a beautiful day and I cannot see it."

Do you think the first sign and the second sign were saying the same thing?

Of course, both signs told people the boy was blind. But the first sign simply said the boy was blind. The second sign told people they were so lucky that they were not blind. Should we be surprised that the second sign was more effective?

Moral of the Story : Be thankful for what you have. Be creative. Be innovative. Think differently and positively.

Invite others toward good with wisdom. Live life with no excuse and love with no regrets. When life gives you a 100 reasons to cry, show life that you have 1000 reasons to smile. Face your past without regret. Handle your present with confidence. Prepare for the future without fear. Keep the faith and drop the fear.

# THE BRIDGE BUILDER

An old man, going a lone highway, Came at the evening cold and gray, To a chasm, vast and deep and wide, Through which was flowing a sullen tide. The old man crossed in the twilight dim-That sullen stream had no fears for him; But he turned, when he reached the other side, And built a bridge to span the tide.

"Old man," said a fellow pilgrim near, "You are wasting strength in building here. Your journey will end with the ending day; You never again must pass this way. You have crossed the chasm, deep and wide, Why build you the bridge at the eventide?"

The builder lifted his old gray head. "Good friend, in the path I have come," he said, "There followeth after me today A youth whose feet must pass this way. This chasm that has been naught to me To that fair-haired youth may a pitfall be. He, too, must cross in the twilight dim; Good friend, I am building the bridge for him."

-WILL ALLEN DROMGOOLE

## THE BUZZARD

If you put a buzzard in a pen that is six feet by eight feet and is entirely open at the top, the bird, in spite of its ability to fly, will be an absolute prisoner.

The reason is that a buzzard always begins a flight from the ground with a run of ten to twelve feet. Without space to run, as is its habit, it will not even attempt to fly, but will remain a prisoner for life in a small jail with no top.

### THE BAT

The ordinary bat that flies around at night, a remarkable nimble creature in the air, cannot take off from a level place.

If it is placed on the floor or flat ground, all it can do is shuffle about helplessly and, no doubt, painfully, until it reaches some slight elevation from which it can throw itself into the air.

Then, at once, it takes off like a flash.

## THE BUMBLEBEE

A bumblebee, if dropped into an open tumbler, will be there until it dies, unless it is taken out. It never sees the means of escape at the top, but persists in trying to find some way out through the sides near the bottom. It will seek a way where none exists, until it completely destroys itself.

### PEOPLE

In many ways, we are like the buzzard, the bat, and the bumblebee. We struggle about with all our problems and frustrations, never realizing that all we have to do is look up!

That's the answer, the escape route and the solution to any problem. . . just look up!

Sorrow looks back, Worry looks around, But faith looks up! Live simply, Love generously, Care deeply, Speak kindly, and Trust in our Creator, who loves us.

# A Creed to Live By

Don't undermine your worth by comparing yourself with others, It is because we are different that each of us is special. Don't set your goals by what other people deem important, Only you know what is best for you. Don't take for granted the things closest to your heart, Cling to that as you would your life, for without them life is meaningless. Don't let your life slip through your fingers by living in the past or the future. By living your life one day at a time, you live all the days of your life. Don't give up when you still have something to give, Nothing is really over ... until the moment you stop trying. Don't be afraid to admit that you are less than perfect, It is the fragile thread that binds us to each other. Don't be afraid to encounter risks, It is by taking chances that we learn how to be brave. Don't shut love out of your life by saying it's impossible to find. The quickest way to receive love is to give love. The fastest way to lose love is to hold on too tightly, And the best way to keep love is to give it wings. Don't dismiss your Dreams. To be without dreams is to be without hope. To be without hope is to be without purpose. Don't run through life so fast that you forget where you've been, But also know where you're going. Life is not a race, but a journey to be savored every step of the way.

- Author Unknown -

# A DIFFERENT CHRISTMAS POEM

The embers glowed softly, and in their dim light, I gazed round the room and I cherished the sight. My wife was asleep, her head on my chest, My daughter beside me, angelic in rest. Outside the snow fell, a blanket of white, Transforming the yard to a winter delight. The sparkling lights in the tree I believe, Completed the magic that was Christmas Eve.

My eyelids were heavy, my breathing was deep, Secure and surrounded by love I would sleep In perfect contentment, or so it would seem, So I slumbered, perhaps I started to dream. The sound wasn't loud, and it wasn't too near, But I opened my eyes when it tickled my ear. Perhaps just a cough, I didn't quite know, Then the sure sound of footsteps outside in the snow.

My soul gave a tremble, I struggled to hear, And I crept to the door just to see who was near. Standing out in the cold and the dark of the night, A lone figure stood, his face weary and tight. A soldier, I puzzled, some twenty years old, Perhaps a Marine, huddled here in the cold. Alone in the dark, he looked up and smiled, Standing watch over me, and my wife and my child.

"What are you doing?" I asked without fear, "Come in this moment, it's freezing out here! Put down your pack, brush the snow from your sleeve,

You should be at home on a cold Christmas Eve!"

For barely a moment I saw his eyes shift Away from the cold and the snow blown in drifts To the window that danced with a warm fire's light.

Then he sighed and he said "Its really all right, I'm out here by choice. I'm here every night. It's my duty to stand at the front of the line That separates you from the darkest of times.

No one had to ask or beg or implore me, I'm proud to stand here like my fathers before me. My Gramps died at 'Pearl on a day in December, Then he sighed, "That's a Christmas 'Gram always remembers.

My dad stood his watch in the jungles of 'Nam', And now it is my turn and so, here I am. I've not seen my own son in more than a while, But my wife sends me pictures, he's sure got her smile."

Then he bent and he carefully pulled from his bag, The red, white, and blue... an American flag. "I can live through the cold and the being alone, Away from my family, my house and my home. I can stand at my post through the rain and the sleet, I can sleep in a foxhole with little to eat. I can carry the weight of killing another, Or lay down my life with my sister and brother Who stand at the front against any and all To ensure for all time that this flag will not fall.

So go back inside," he said, "harbor no fright, Your family is waiting and I'll be all right."

"But isn't there something I can do, at the least, Give you money," I asked, "or prepare you a feast? It seems all too little for all that you've done, For being away from your wife and your son."

Then his eye welled a tear that held no regret, "Just tell us you love us, and never forget To fight for our rights back at home while we're gone, To stand your own watch, no matter how long. For when we come home, either standing or dead, To know you remember we fought and we bled. Is payment enough, and with that we will trust That we mattered to you, as you mattered to us.

### **Greatest George Carlin Quotes**

I don't have pet peeves — I have major psychotic hatreds!

Think of how stupid the average person is, and realize half of them are stupider than that. Swimming is not a sport. Swimming is a way to keep from drowning. That's just common

sense!

A house is just a place to keep your stuff while you go out and get more stuff.

I wanna live. I don't wanna die. That's the whole meaning of life: Not dying! I figured that out by myself in the third grade.

I used to be Irish Catholic. Now I'm an American — you know, you grow.

You can't fight City Hall, but you can sure blow it up.

If the Cincinnati Reds were really the first major league baseball team, who did they play? Honesty may be the best policy, but it's important to remember that apparently, by elimination, dishonesty is the second-best policy.

If it's true that our species is alone in the universe, then I'd have to say that the universe aimed rather low and settled for very little.

No one knows what's next, but everybody does it.

The very existence of flamethrowers proves that sometime, somewhere, someone said to themselves, "You know, I want to set those people over there on fire, but I'm just not close enough to get the job done."

The reason I talk to myself is because I'm the only one whose answers I accept.

Just when I discovered the meaning of life, they changed it.

Religion has convinced people that there's an invisible man ... living in the sky, who watches everything you do every minute of every day. And the invisible man has a list of ten specific things he doesn't want you to do. And if you do any of these things, he will send you to a special place, of burning and fire and smoke and torture and anguish for you to live forever, and suffer and burn and scream until the end of time. But he loves you. He loves you and he needs money.

Weather forecast for tonight: Dark. Continued dark overnight, with widely scattered light by morning.

If it requires a uniform, it's a worthless endeavor.

If you live long enough, sooner or later everybody you know has cancer.

Soft rock music isn't rock, and it ain't music. It's just soft.

As soon as someone is identified as an unsung hero, he no longer is.

If a movie is described as a romantic comedy, you can usually find me next door playing pinball.

The IQ and the life expectancy of the average American recently passed each other in opposite directions.

I knew a transsexual guy whose only ambition is to eat, drink, and be Mary.

I put a dollar in a change machine. Nothing changed.

By and large, language is a tool for concealing the truth.

Ever notice that anyone going slower than you is an idiot, but anyone going faster is a maniac?

Isn't it a bit unnerving that doctors call what they do "practice"?

I don't like to think of laws as rules you have to follow, but more as suggestions.

I think it's the duty of the comedian to find out where the line is drawn and cross it deliberately.

When you're born you get a ticket to the freak show. When you're born in America, you get a front-row seat.

Eventually, alas, I realized the main purpose of buying cocaine is to run out of it.

I never joined the Boy Scouts. I don't trust any organization that has a handbook.

So I say, "Live and let live." That's my motto. "Live and let live." Anyone who can't go along with that, take him outside and shoot him. It's a simple philosophy, but it's always worked in our family.

Here's a bumper sticker I'd like to see: "We are the proud parents of a child who's selfesteem is sufficient that he doesn't need us promoting his minor scholastic achievements on the back of our car."

I love and treasure individuals as I meet them; I loathe and despise the groups they identify with and belong to.

Beethoven was so hard of hearing, he thought he was a painter.

Don Ho can sign autographs 3.4 times faster than Efrem Zimbalist Jr.

God bless the homicidal maniacs. They make life worthwhile.

I've never seen a homeless guy with a bottle of Gatorade.

One great thing about getting old is that you can get out of all sorts of social obligations just by saying you're too tired.

If Helen Keller had psychic ability, would you say she had a fourth sense?

What year did Jesus think it was?

George Washington's brother, Lawrence, was the Uncle of Our Country.

Have you ever wondered why Republicans are so interested in encouraging people to volunteer in their communities? It's because volunteers work for no pay. Republicans have been trying to get people to work for no pay for a long time.

In America, anyone can become president. That's the problem.

"One thing leads to another"? Not always. Sometimes one thing leads to the same thing. Ask an addict.

No one who has had "Taps" played for them has ever been able to hear it.

Property is theft. Nobody "owns" anything. When you die, it all stays here.

The future will soon be a thing of the past.

The real reason that we can't have the Ten Commandments in a courthouse: You cannot post "Thou shalt not steal," "Thou shalt not commit adultery," and "Thou shalt not lie" in a building full of lawyers, judges, and politicians. It creates a hostile work environment.

Boxing is a more sophisticated form of hockey.

The only good thing ever to come out of religion was the music.

I think everyone should treat one another in a Christian manner. I will not, however, be responsible for the consequences.

Bowling is not a sport because you have to rent the shoes.

"When Will Jesus Bring the Pork Chops?" This title offends all three major religions, and even vegetarians!

Atheism is a non-prophet organization.

Cloud nine gets all the publicity, but cloud eight actually is cheaper, less crowded, and has a better view.

Have you ever noticed that the lawyer always smiles more than the client?

I'm always relieved when someone is delivering a eulogy and I realize I'm listening to it.

The reason they call it the American Dream is because you have to be asleep to believe

it.

If all our national holidays were observed on Wednesdays, we could wind up with nineday weekends.

"Meow" means "woof" in cat.

Most people with low self-esteem have earned it.

Most people work just hard enough not to get fired and get paid just enough money not to quit.

"No comment" is a comment.

If a man smiles all the time, he's probably selling something that doesn't work.

Most of the time people feel okay. Probably it's because at the moment they're not actually dying.

So far, this is the oldest I've been.

Do you think Sammy Davis ate Junior Mints?

When you think about it, attention-deficit order makes a lot of sense. In this country there isn't a lot worth paying attention to.

The Golden Gate Bridge should have a long bungee cord for people who aren't quite ready to commit suicide but want to get in a little practice.

I think I am, therefore, I am. I think.

If the cops didn't see it, I didn't do it!

Hooray for most things!

Capitalism tries for a delicate balance: It attempts to work things out so that everyone gets just enough stuff to keep them from getting violent and trying to take other people's stuff.

I don't have a fear of heights. I do, however, have a fear of falling from heights.

What was the best thing before sliced bread?

May the forces of evil become confused on the way to your house.

Life is a zero sum game.

Somehow I enjoy watching people suffer.

I have as much authority as the Pope. I just don't have as many people who believe it. It isn't fair: the caterpillar does all the work, and the butterfly gets all the glory.

# George Carlin's Views on Aging

Do you realize that the only time in our lives when we like to get old is when we're kids? If you're less than 10 years old, you're so excited about aging that you think in fractions.

"How old ! are you?" "I'm four and a half!" You're never thirty-six and a half. You're four and a half, going on five! That's the key.

You get into your teens, now they can't hold you back. You jump to the next number, or even a few ahead.

"How old are you?" "I'm gonna be 16!" You could be 13, but hey, you're gonna be 16! And then the greatest day of your life . . . you become 21. Even the words sound like a ceremony . YOU BECOME 21. YESSSS!!!

But then you turn 30. Oooohh, what happened there? Makes you sound like bad milk! He TURNED; we had to throw him out. There's no fun now, you're Just a sour-dumpling. What's wrong? What's changed?

You BECOME 21, you TURN 30, then you're PUSHING 40. Whoa! Put on the brakes, it's all slipping away. Before you know it, you REACH 50 and your dreams are gone.

But wait!!! You MAKE it to 60. You didn't think you would!

So you BECOME 21, TURN 30, PUSH 40, REACH 50 and MAKE it to 60.

You've built up so much speed that you HIT 70! After that it's a day-by-day thing; you HIT Wednesday!

You get into your 80s and every day is a complete cycle; you HIT lunch; you TURN 4:30; you REACH bedtime. And it doesn't end there. Into the 90s, you start going backwards; "I Was JUST 92."

Then a strange thing happens. If you make it over 100, you become a little kid again. "I'm 100 and a half!" May you all make it to a healthy 100 and a half!!

HOW TO STAY YOUNG

1. Throw out nonessential numbers. This includes age, weight and height. Let the doctors worry about them. That is why you pay "them "

2. Keep only cheerful friends. The grouches pull you down.

3. Keep learning. Learn more about the computer, crafts, gardening, whatever. Never let the brain idle. "An idle mind is the devil's workshop." And the devil's name is Alzheimer's.

4. Enjoy the simple things.

5. Laugh often, long and loud. Laugh until you gasp for breath.

6. The tears happen. Endure, grieve, and move on. The only person, who is with us our entire life, is ourselves. Be ALIVE while you are alive.

7. Surround yourself with what you love, whether it's family, pets,keepsakes, music, plants, hobbies, whatever. Your home is your refuge.

8. Cherish your health: If it is good, preserve it. If it is unstable, improve it. If it is beyond what you can improve, get help.

9 Don't take guilt trips. Take a trip to the mall, even to the next county; to a foreign country but NOT to where the guilt is.

10.Tell the people you love that you love them, at every opportunity.

### AND ALWAYS REMEMBER:

Life is not measured by the number of breaths we take, but by the moments that take our breath away.

# *Isn't it amazing that George Carlin - gross and mouthy comedian of the 70's and 80's - could write something so very eloquent. . .and so very appropriate.*

The paradox of our time in history is that we have taller buildings but shorter tempers, wider freeways, but narrower viewpoints.

We spend more, but have less; we buy more, but enjoy less.

We have bigger houses and smaller families; more conveniences, but less time.

We have more degrees but less sense; more knowledge, but less judgment; more experts, yet more problems; more medicine, but less wellness.

We drink too much, smoke too much, spend too recklessly, laugh too little, drive too fast, get too angry, stay up too late, get up too tired, read too little, watch TV too much, and pray too seldom.

We have multiplied our possessions, but reduced our values.

We talk too much, love too seldom, and hate too often.

We've learned how to make a living, but not a life.

We've added years to life not life to years.

We've been all the way to the moon and back, but have trouble crossing the street to meet a new neighbor. We conquered outer space but not inner space.

We've done larger things, but not better things.

We've cleaned up the air, but polluted the soul.

We've conquered the atom, but not our prejudice.

We write more, but learn less.

We plan more, but accomplish less.

We've learned to rush, but not to wait.

We build more computers to hold more information, to produce more copies than ever, but we communicate less and less.

These are the times of fast foods and slow digestion, big men and small character, steep profits and shallow relationships. These are the days of two incomes but more divorce, fancier houses, but broken homes. These are days of quick trips, disposable diapers, throwaway morality, one night stands, overweight bodies, and pills that do everything from cheer to quiet, to kill. It is a time when there is much in the showroom window and nothing in the stockroom.

A time when technology can bring this letter to you, and a time when you can choose either to share this insight, or to just hit delete...

Remember; spend some time with your loved ones, because they are not going to be around forever.

Remember to say a kind word to someone who looks up to you in awe, because that little person soon will grow up and leave your side.

Remember to give a warm hug to the one next to you, because that is the only treasure you can give with your heart and it doesn't cost a cent.

Remember to say, "I love you" to your partner and your loved ones, but most of all mean it. A kiss and an embrace will mend hurt when it comes from deep inside of you.

Remember to hold hands and cherish the moment for someday that person will not be there again.

Give time to love, give time to speak! And give time to share the precious thoughts in your mind.

### AND ALWAYS REMEMBER:

Life is not measured by the number of breaths we take, but by the moments that take our breath away.



It's easy to fight when everything's right, And you're mad with the thrill and the glory: It's easy to cheer when victory's near, And wallow in fields that are gory. It's a different song when everything's wrong. When you're feeling infernally mortal; When it's ten against one, and hope there is none, Buck up, little soldier, and chortle:

#### Carry on! Carry on!

There isn't much punch in your blow. You're glaring and staring and hitting out blind; You're muddy and bloody, but never mind. Carry on! Carry on! You haven't the ghost of a show. It's looking like death, but while you've a breath, Carry on, my son! Carry on!

And so in the strife of the battle of life It's easy to fight when you're winning; It's easy to slave, and starve and be brave, When the dawn of success is beginning. But the man who can meet despair and defeat With a cheer, there's a man of God's choosing; The man who can fight to Heaven's own height Is the man who can fight when he's losing.

#### Carry on! Carry on!

Things never were looming so black. But show that you haven't a cowardly streak, And though you're unlucky you never are weak. Carry on! Carry on! Brace up for another attack. It's looking like hell, but - you never can tell; Carry on, old man! Carry on! There are some who drift out in the deserts of doubt, And some who in brutishness wallow; There are others, I know, who in piety go Because of a Heaven to follow. But to labor with zest, and to give of your best, For the sweetness and joy of the giving; To help folks along with a hand and a song; Why, there's the real sunshine of living.

Carry on! Carry on! Fight the good fight and true; Believe in your mission, greet life with a cheer; There's big work to do, and that's why you are here. Carry on! Carry on! Let the world be the better for you; And at last when you die, let this be your cry: Carry on, my soul! Carry on!

# CHANGES ARE COMING...

# Whether these changes are good or bad depends in part on how we adapt to them. But, ready or not, here they come!

1. <u>The Post Office</u>. Get ready to imagine a world without the post office. They are so deeply in financial trouble that there is probably no way to sustain it long term. Email, Fed Ex, and UPS have just about wiped out the minimum revenue needed to keep the post office alive. Most of your mail every day is junk mail and bills.

2. <u>The Check</u>. Britain is already laying the groundwork to do away with checks by 2018. It costs the financial system billions of dollars a year to process checks. Plastic cards and online transactions will lead to the eventual demise of the check. This plays right into the death of the post office. If you never paid your bills by mail and never received them by mail, the post office would absolutely go out of business.

3. <u>The Newspaper</u>. The younger generation simply doesn't read the newspaper. They certainly don't subscribe to a daily delivered print edition. That may go the way of the milkman and the laundry man. As for reading the paper online, get ready to pay for it. The rise in mobile Internet devices and e-readers has caused all the newspaper and magazine publishers to form an alliance. They have met with Apple, Amazon, and the major cell phone companies to develop a model for paid subscription services.

4. <u>The Book.</u> You say you will never give up the physical book that you hold in your hand and turn the literal pages. I said the same thing about downloading music from iTunes. I wanted my hard copy CD. But I quickly changed my mind when I discovered that I could get albums for half the price without ever leaving home to get the latest music. The same thing will happen with books. You can browse a bookstore online and even read a preview chapter before you buy. And the price is less than half that of a real book. And think of the convenience! Once you start flicking your fingers on the screen instead of the book, you find that you are lost in the story, can't wait to see what happens next, and you forget that you're holding a gadget instead of a book.

5. <u>The Land Line Telephone</u>. Unless you have a large family and make a lot of local calls, you don't need it anymore. Most people keep it simply because they've always had it. But you are paying double charges for that extra service. All the cell phone companies will let you call customers using the same cell provider for no charge against your minutes.

6. <u>Music.</u> This is one of the saddest parts of the change story. The music industry is dying a slow death. Not just because of illegal downloading. It's the lack of innovative new music being given a chance to get to the people who would like to hear it. Greed and corruption is the problem. The record labels and the radio conglomerates are simply selfdestructing. Over 40% of the music purchased today is "catalog items," meaning traditional music that the public is familiar with. Older established artists. This is also true on the live concert circuit. To explore this fascinating and disturbing topic further, check out the book, "Appetite for Self-Destruction" by Steve Knopper, and the video documentary, "Before the Music Dies." 7. <u>Television</u>. Revenues to the networks are down dramatically. Not just because of the economy. People are watching TV and movies streamed from their computers. And they're playing games and doing all lots of other things that take up the time that used to be spent watching TV. Prime time shows have degenerated down to lower than the lowest common denominator. Cable rates are skyrocketing and commercials run about every 4 minutes and 30 seconds. I say good riddance to most of it. It's time for the cable companies to be put out of our misery. Let the people choose what they want to watch online and through Netflix.

8. <u>The "Things" That You Own.</u> Many of the very possessions that we used to own are still in our lives, but we may not actually own them in the future. They may simply reside in "the cloud." Today your computer has a hard drive and you store your pictures, music, movies, and documents. Your software is on a CD or DVD, and you can always re-install it if need be. But all of that is changing. Apple, Microsoft, and Google are all finishing up their latest "cloud services." That means that when you turn on a computer, the Internet will be built into the operating system. So, Windows, Google, and the Mac OS will be tied straight into the Internet. If you click an icon, it will open something in the Internet cloud. If you save something, it will be saved to the cloud. And you may pay a monthly subscription fee to the cloud provider. In this virtual world, you can access your music or your books, or your whatever from any laptop or handheld device. That's the good news. But, will you actually own any of this "stuff" or will it all be able to disappear at any moment in a big "Poof?" Will most of the things in our lives be disposable and whimsical? It makes you want to run to the closet and pull out that photo album, grab a book from the shelf, or open up a CD case and pull out the insert.

9. <u>Privacy.</u> If there ever was a concept that we can look back on nostalgically, it would be privacy. That's gone. It's been gone for a long time anyway. Try Google search on your name and see how much information is available. You will be appalled. There are cameras on the street, in most of the buildings, and even built into your computer and cell phone. But you can be sure that 24/7, "They" know who you are and where you are, right down to the GPS coordinates, and the Google Street View. If you buy something, your habit is put into a zillion profiles, and your ads will change to reflect those habits. And "They" will try to get you to buy something else. Again and again.

All we will have that can't be changed are Memories.

## ~~CHILDREN~~

To those of us who have children in our lives, whether they are our own, grandchildren, nieces, nephews, or students . . . here is something to make you chuckle.

Whenever your children are out of control, you can take comfort from the thought that even God's omnipotence did not extend to His own children.

After creating heaven and earth, God created Adam and Eve. And the first thing he said was "DON'T!"

"Don't what?" Adam replied.

"Don't eat the forbidden fruit." God said.

"Forbidden fruit? We have forbidden fruit? Hey Eve, we have forbidden fruit!"

"No Way!"

"Yes way!"

"Do NOT eat the fruit!" said God.

"Why?"

"Because I am your Father and I said so!" God replied, wondering why He hadn't stopped creation after making the elephants.

A few minutes later, God saw His children having an apple break and He was ticked!

"Didn't I tell you not to eat the fruit?" God asked.

"Uh huh," Adam replied.

"Then why did you?" said the Father.

"I don't know," said Eve.

"She started it?" Adam said.

"Did not!"

"Did too!"

"DID NOT!"

Having had it with the two of them, God's punishment was that Adam and Eve should have children of their own. Thus the pattern was set and it has never changed.

### **BUT THERE IS REASSURANCE IN THE STORY!**

If you have persistently and lovingly tried to give children wisdom and they haven't taken it, don't be hard on yourself.

If God had trouble raising children, what makes you think it would be a piece of cake for you?

### THINGS TO THINK ABOUT!

1. You spend the first two years of their life teaching them to walk and talk. Then you spend the next sixteen telling them to sit down and shut up.

2. Grandchildren are God's reward for not killing your own children.

3. Mothers of teens now know why some animals eat their young.

4. Children seldom misquote you. In fact, they usually repeat word for word what you shouldn't have said.

5. The main purpose of holding children's parties is to remind yourself that there are children more awful than your own.

6. We childproofed our homes, but they are still getting in.

**ADVICE FOR THE DAY:** 

Be nice to your kids. They will choose your nursing home one day.

<u>AND FINALLY:</u> IF YOU HAVE A LOT OF TENSION AND YOU GET A HEADACHE, DO WHAT IT SAYS ON THE ASPIRIN BOTTLE:

"TAKE TWO ASPIRIN"AND "KEEP AWAY FROM CHILDREN"!!!!!

# **CHINESE PROVERBS**

Man who run in front of car get tired.

Man who run behind car get exhausted.

Man who walk through airport turnstile sideways going to Bangkok

Man with one chopstick go hungry.

Man who scratch butt should not bite fingernails.

Man who eat many prunes get good run for money.

Baseball is wrong: man with four balls cannot walk.

Panties not best thing on earth! But next to best thing on earth.

War does not determine who is right; war determine who is left.

Wife who put husband in doghouse soon find him in cathouse.

Man who fight with wife all day get no piece at night.

It take many nails to build crib, but one screw to fill it.

Man who drive like hell, bound to get there.

Man who stand on toilet is high on pot.

Man who live in glass house should change clothes in basement.

Man who fish in other man's well often catch crabs.

Man who fart in church sit in own pew.

Crowded elevator smell different to midget.

## **Christian One Liners**

Don't let your worries get the best of you; remember, Moses started out as a basket case.

Some people are kind, polite, and sweet-spirited until you try to sit in their pew.

Many folks want to serve God, but only as advisors.

It is easier to preach ten sermons than it is to live one.

The good Lord didn't create anything without a purpose, but mosquitoes come close.

When you get to your wit's end, you'll find God lives there.

People are funny; they want the front of the bus, the middle of the road, and the back of the church.

Opportunity may knock once, but temptation bangs on your front door forever.

Quit griping about your church; if it was perfect, you couldn't belong.

If the church wants a better pastor, it only needs to pray for the one it has.

God Himself does not propose to judge a man until he is dead. So why should you?

Some minds are like concrete, thoroughly mixed up and permanently set.

Peace starts with a smile.

I don't know why some people change churches; what difference does it make which one you stay home from?!

A lot of church members who are singing 'Standing on the Promises' are just sitting on the premises.

We were called to be witnesses, not lawyers or judges.

Be ye fishers of men. You catch them - He'll clean them.

Coincidence is when God chooses to remain anonymous.

Don't put a question mark where God put a period.

Don't wait for 6 strong men to take you to church.

Forbidden fruits create many jams.

God doesn't call the qualified; He qualifies the called.

God grades on the cross, not the curve.

God loves everyone, but probably prefers 'fruits of the spirit' over 'religious nuts!'

God promises a safe landing, not a calm passage.

He who angers you, controls you!

If God is your Co-pilot - swap seats!

In Prayer: Don't give God instructions — just report for duty!

The task ahead of us is never as great as the Power behind us.

The Will of God never takes you to where the Grace of God will not protect you.

We don't change the message, the message changes us.

You can tell how big a person is by what it takes to discourage him or her.

The best mathematical equation I have ever seen: 1 cross + 3 nails = 4 given.

### CHRISTMAS CAROLS FOR THE PSYCHOLOGICALLY CHALLENGED

SCHIZOPHRENIA: "Do You Hear What I Hear, the Voices, the Voices?"

AMNESIA: "I Don't Remember If I'll be Home for Christmas"

NARCISSISTIC: "Hark the Herald Angels Sing About Me"

**MANIC:** "Deck The Halls And Walls And House And Lawn And Streets And Stores And Office And Town And Cars And Buses And Trucks And Trees And Fire Hydrants And..........."

MULTIPLE PERSONALITY DISORDER: "We Three Queens Disoriented Are"

PARANOID: "Santa Claus Is Coming To Get Us"

**BORDERLINE PERSONALITY DISORDER:** "You Better Watch Out, You Better Not Shout, I'm Gonna Cry, and I'll Not Tell You Why"

FULL PERSONALITY DISORDER: "Thoughts of Roasting You On an Open Fire"

**OBSESSIVE COMPULSIVE DISORDER:** "Jingle Bells, Jingle Bells Jingle Bells, Jingle Bell

AGORAPHOBIA: "I Heard the Bells on Christmas Day But Wouldn't Leave My House"

**SENILE DEMENTIA:** "Walking In a Winter Wonderland Miles from My House in My Slippers and Robe

**OPPOSITIONAL DEFIANT DISORDER:** "I Saw Mommy Kissing Santa Claus So I Burned Down the House"

**SOCIAL ANXIETY DISORDER:** "Have Yourself a Merry Little Christmas While I Sit Here and Hyperventilate

ATTENTION DEFICIT DISORDER: "We Wish You... Hey Look!! It's Snowing!!!"

# **CLEVER ANAGRAMS**

PRESBYTERIAN: When you rearrange the letters: BEST IN PRAYER ASTRONOMER: When you rearrange the letters: MOON STARER DESPERATION: When you rearrange the letters: A ROPE ENDS IT THE EYES: When you rearrange the letters: THEY SEE GEORGE BUSH: When you rearrange the letters: HE BUGS GORE THE MORSE CODE: When you rearrange the letters: HERE COME DOTS DORMITORY: When you rearrange the letters: DIRTY ROOM SLOT MACHINES: When you rearrange the letters: CASH LOST IN ME ANIMOSITY: When you rearrange the letters: LIES - LET'S RECOUNT SNOOZE ALARMS: When you rearrange the letters: ALAS! NO MORE Z 'S A DECIMAL POINT: When you rearrange the letters: I'M A DOT IN PLACE THE EARTHQUAKES: When you rearrange the letters: THAT QUEER SHAKE ELEVEN PLUS TWO: When you rearrange the letters: TWELVE PLUS ONE AND FOR THE GRAND FINALE:

MOTHER-IN-LAW: When you rearrange the letters: WOMAN HITLER

Can you believe someone has that much time on his hands to figure these out??

## **CLEVER WORDS FOR CLEVER PEOPLE**

ARBITRAITOR: A cook that leaves Arby's to work at McDonald's

BERNADETTE: The act of torching a mortgage

BURGLARIZE: What a crook sees through

**AVOIDABLE:** What a bullfighter tries to do

EYEDROPPER: Clumsy ophthalmologist

**CONTROL:** A short, ugly inmate.

COUNTERFEITER: Workers who put together kitchen cabinets

ECLIPSE: What an English barber does for a living.

LEFT BANK: What the bank robbers did when their bag was full of money.

HEROES: What a man in a boat does

PARASITES: What you see from the Eiffel Tower

**PARADOX:** Two physicians

PHARMACIST: A helper on a farm

**POLARIZE:** What penguins see through

**PRIMATE:** Remove your spouse from in front of TV

RELIEF: What trees do in the spring

RUBBERNECK: What you do to relax your wife

SELFISH: What the owner of a seafood store does

SUDAFED: Brought litigation against a government official

**PARADIGMS:** Twenty cents

# CLINTON AND THE TITANIC

Students were assigned to read 2 books, "Titanic" & "My Life" by Bill Clinton. One smartass student purportedly turned in the following book report, with the proposition that they were nearly identical stories! His cool professor gave him an A+ for this report:

Titanic: \$29.99

Clinton: \$29.99

Titanic: Over 3 hours to read

Clinton: Over 3 hours to read

Titanic: The story of Jack and Rose, their forbidden love, and the subsequent catastrophe.

Clinton: The story of Bill and Monica, their forbidden love, and the subsequent catastrophe.

Titanic: Jack is a starving artist.

Clinton: Bill is a bullshit artist.

Titanic: In one scene, Jack enjoys a good cigar.

Clinton: Ditto for Bill.

Titanic: During ordeal, Rose's dress gets ruined.

Clinton: Ditto for Monica.

Titanic: Jack teaches Rose to spit.

Clinton: Let's not go there.

Titanic: Rose gets to keep her jewelry.

Clinton: Monica's forced to return her gifts.

Titanic: Rose remembers Jack for the rest of her life.

Clinton: Clinton doesn't remember Jack.

Titanic: Rose goes down on a vessel full of seamen.

Clinton: Monica.....ooh, let's not go there, either.

Titanic: Jack surrenders to an icy death.

Clinton: Bill goes home to Hilary...basically the same thing.

### **COLLEGE FOOTBALL**

Ohio State's Urban Meyer on one of his players: "He doesn't know the meaning of the word fear. In fact, I just saw his grades and he doesn't know the meaning of a lot of words."

Why do Tennessee fans wear orange? So they can dress that way for the game on Saturday, go hunting on Sunday, and pick up trash on Monday.

What does the average Alabama player get on his SATs? Drool.

How many Michigan freshmen football players does it take to change a light bulb? None. That's a sophomore course.

How did the Georgia football player die from drinking milk? The cow fell on him.

Two West Virginia football players were walking in the woods. One of them said, "Look, a dead bird." The other looked up in the sky and said, "Where?"

A University of Cincinnati football player was almost killed yesterday in a tragic horsebackriding accident. He fell from a horse and was nearly trampled to death. Luckily, the manager of the Wal-Mart came out and unplugged the horse.

What do you say to a University of Miami Hurricane football player dressed in a threepiece suit? " "Will the defendant please rise."

If three Florida State football players are in the same car, who is driving? The police officer.

How can you tell if an Auburn football player has a girlfriend? There's tobacco juice on both sides of the pickup truck.

What do you get when you put 32 Arkansas cheerleaders in one room? A full set of teeth.

University of Michigan Coach Brady Hoke is only going to dress half of his players for the game this week; the other half will have to dress themselves.

How is the Indiana football team like an opossum? They play dead at home and get killed on the road.

Why did the Nebraska linebacker steal a police car? He saw "911" on the side and thought it was a Porsche.

How do you get a former Illinois football player off your porch? Pay him for the pizza.

What are the longest three years of a University of Kentucky football player's life? Freshman I, Freshman II, and Freshman III.

### **ME GENERATION**

### **The Craziest Demands of College Kids in 2016**

by Robby Soave

No grades, no Shakespeare, and no students of different stripes—welcome to campus insanity in 2016. "We have spoken. We are speaking. Pay attention."

So said Yale University students to the faculty of the English department, perfectly encapsulating the attitude of the college activist in 2016. Students at campuses across the country are demanding—not asking, but demanding—fundamental changes to their education.

Sometimes, change is good, and these kids deserve to be heard. But the demands of student activists have increasingly taken an Orwellian bent—and, if met, would eviscerate the free speech rights of faculty members, campus visitors, and even other students.

Here are some of the craziest recent demands of liberal student activists this year.

### Abolish English Classes that Feature White Male Poets

Yale activists who told the faculty, "We have spoken. We are speaking. Pay attention," had a very specific demand: they wanted to purge the English department of its colonialist course offerings by restructuring classes focused on white male poets.

Yale English majors are required to take a two-course sequence on the eight great poets of English literature: Geoffrey Chaucer, Edmund Spenser, William Shakespeare, John Donne, John Milton, Alexander Pope, William Wordsworth, and T.S. Eliot. The problem? These poets are all white men.

"It is unacceptable that a Yale student considering studying English literature might read only white male authors," wrote student activists in a petition. "The Major English Poets sequences creates a culture that is especially hostile to students of color."

Yale does offer courses that feature more diverse readings. But the students have to complete the main sequence—on white male authors—first. For the angry students, that's a problem. Explicitly, they don't want more "diversity," according to their petition: they don't want to learn about so many dead white guys.

Of course, it's not the English department's fault that most of the very best poetry was written by wealthy white men. It's not right, and it isn't fair, that rich white men dominated Western culture for centuries, but nevertheless, that's how history happened. Students should feel free to explore how female authors, and authors of color, were mistreated throughout history, but this shouldn't exempt them from studying Shakespeare.

#### Implement Segregated Safe Spaces

It's not just that the curriculum is too white: some students actually resent having to spend so much time surrounded by people who don't belong to their tribe. Many activists, in fact, have asked their colleges to create segregated safe spaces for students of color, female students, LGBT students, or students of some other identity group.

In another age, such demands would have been ridiculed as racist. Imagine white students seeking to create a separate area for whites only. This effort would be denounced on both moral and legal grounds—there's this thing called the Civil Rights Act—and rightfully so.

But it's an increasingly popular demand among far-left student protesters. At the University of Arizona, the Marginalized Students (PDF)—a coalition of self-described oppressed students, including the Latino student association, black student association, Asian student association, LGBT student association, Native American student association, and women's center—want safe spaces for each unique identity group. The black students, for instance, want a residence hall to themselves.

They are hardly alone. Student-activists at New York University want one floor of a campus building turned over to black students, and another floor given to LGBT students.

It's not always clear that non-black students would be welcome in such spaces. Following the protests at the University of Missouri that brought about the ouster of Mizzou President Tim Wolfe, black student activists set up spaces of healing. They specifically asked white students—even those who self-identified as allies—to leave.

Students have the right to segregate themselves into groups, but there's good reason for universities to avoid creating such spaces by design. A Facebook group that doubled as a safe space for women of color at the Claremont Colleges was anything but safe: several of the female students who frequented the group consistently posted hateful and derogatory comments about people of other genders and races.

Isn't the point of college to bring people from diverse backgrounds together, rather than keep them apart? No More Cross-Ethnic Food/Song/Dance/Haircuts

Students have also brought their quixotic Cultural Revolution to the cafeteria, where inauthentic ethnic food is considered a microaggression. At Oberlin College, Asian students complained that the General Tso's chicken wasn't up to their standards—a delicious irony, given that the meal was actually standardized in America as a way

to introduce Americans to Asian food.

But people on campus have an increasing aversion to cultural intermingling. Some students don't want white people practicing yoga, others think tequila and sombreros on Cinco de Mayo are offensive, and still others think Hindu chanting should be reserved for Hindus, even when performed with all due respect.

But nothing compares with Bonita Tindle, the irate San Francisco University student who attacked a white man because she objected to his dreadlocks. "It's my culture," Tindle explained.

#### Police Microaggressions

As the previous examples suggest, there are a great many things that offend college students. But student activists don't merely want to discourage offensive expression—they want to punish those who engage in it. To that end, student activists around the country seek the power to police microaggressions and discipline those who perpetrate them.

Microaggressions are subtle, bothersome digs based upon the slighted person's race, gender, sexuality, disability status, orientation, age, or even their size. They are often subconscious—the micro-aggressor doesn't realize he or she is saying something untoward—and they fall well under the category of protected First Amendment speech on public university campuses.

But students at Western Washington University want the administration to create a 15-person student committee to monitor "racist, anti-black, transphobic, cissexist, misogynistic, ableist, homophobic, Islamophobic, and otherwise oppressive behavior on campus." No one would be safe: Even tenured faculty members accused of micro-aggressing someone would be subject to formal investigation. As an example of what qualifies as a micro-aggression in the eyes of these students, they spelled the word "history" with an "x"—as in "hxstory"—because the actual word is too patriarchal ("his" + "story").

#### Get Rid of Grades and Tests

Students want far-reaching changes to the curriculum, cultural experience, and tradition of unfettered free speech on campuses. But their most absurd—and transparently self-serving—demand is somewhat mundane: they frequently want grades and tests to be limited, if not done away with entirely.

At Johns Hopkins University, administrators do not count first-semester freshmen's grades. These students received grades, but they aren't included on their transcript. The university is phasing out this practice, however, given concerns that it discourages new students from studying as hard as they should.

Student activists are utterly opposed to the new policy. One student, Erica Taicz, accused the administration of worsening her anxiety:

"I'm paying to have a support network, academically and mentally. I can't be expected to do well in class if I'm depressed and have anxiety. If the school is worsening my anxiety, that's their problem and they need to be held accountable for that."

Meanwhile, more than 1,300 Oberlin students signed a petition calling on the college to make "C" the lowest possible grade such that no student would be deemed "below average." Other students think special accommodations should be made for people who are too depressed, anxious, or triggered to take final exams. One student told The New Yorker that he expected his professors to proactively invite him to office hours to have a conversation about the course material in lieu of a midterm.

If there's a common theme among these demands, it's this: the modern college student thinks he or she (or xe) is uniquely oppressed, mistreated, and unsafe. They think a university education is too hostile, triggering, and difficult. They're paying a great deal of money for this experience, and therefore it should be easy, pleasant, and re-affirming, in their view.

It was once the job of college professors to liberate young people from their delusions about the world in order to better prepare them to succeed in it. But 2016 might be the year the tables turned. Professors and administrators are increasingly caving to their students' demands out of fear for their own job security.

In other words, there's little reason to think we've reached peak campus insanity.

# OBITUARY

Today, we mourn the passing of a beloved old friend by the name of **COMMON SENSE** who has been with us for many years.

No one knows for sure how old he was since his birth records were long ago lost in bureaucratic red tape.

He will be remembered as having cultivated such value lessons as knowing when to come in out of the rain, why the early bird gets the worm, and that life isn't always fair.

**COMMON SENSE** lived by simple, sound, financial policies (don't spend more than you earn) and reliable parenting strategies (adults, not kids, are in charge).

His health began to rapidly deteriorate when well-intentioned but overbearing regulations were set in place.

Reports of a six-year old boy charged with sexual harassment for kissing a classmate; teens suspended from school for using mouthwash after lunch; and a teacher fired for reprimanding an unruly student, only worsened his condition.

It declined even further when schools were required to get parental consent to administer aspirin to a student, but could not inform the parents when a student became pregnant and wanted to have an abortion.

Finally, **COMMON SENSE** lost the will to live as the Ten Commandments became contraband, churches became businesses, and criminals received better treatment than their victims.

**COMMON SENSE** finally gave up the ghost after a woman failed to realize that a steaming cup of coffee was hot, spilled a bit in her lap, and was awarded a huge settlement.

**COMMON SENSE** was preceded in death by his parents, **TRUTH** and **TRUST**, his wife, **DISCRETION**, his daughter, **RESPONSIBILITY**, and his son, **REASON**.

He is survived by two stepbrothers, **MY RIGHTS** and **IMA WHINER**.

Not many attended his funeral because so few realized he was gone. If you still know him, pass this on. If not join the majority and do nothing.